The Northeastern Society of Periodontists is proud to present another outstanding day of cutting-edge continuing education. The November meeting will be devoted to **Tricks of the Trade from Master Clinicians**.

Our program chairman, Dr. Mario Vilardi, and the CE committee have assembled a distinguished panel of experts who will share their clinical tricks and demonstrate technical innovations. These lectures are focused on enhancing your ability to perform difficult procedures by learning how master clinicians approach these surgeries and what they have learned that will make your life easier, and procedures more predictable.

The day will start with registration and exhibits from 8:00-9:00 a.m. The formal lectures will begin promptly at 9:00 a.m. Our first speaker, **Dr. Jim Janakievski** from Tacoma, Washington, will discuss **The Palatal Pedicle Graft**. He will review surgical cases highlighting the use of the palatal pedicle connective tissue graft and provide patient selection criteria, technical considerations, and a comparison of outcomes to other forms of soft tissue grafting.

8:00–8:30 AM NESP Board of Directors’ Meeting
8:00–9:00 AM Registration and Exhibits
9:00–10:15 AM Dr. Jim Janakievski *The Palatal Pedicle Graft*
10:15–10:45 AM Visit with our Exhibitors
10:45 AM–12:00 PM Dr. George Duello *Total Edentulous Solutions Supported by Digital Planning Protocols*
12:00–1:30 PM Lunch Program
Installation of Officers
1:30–2:45 PM Dr. Pat Allen *Tips for Success in Soft Tissue Grafting with the Tunnel Technique*
2:45–4:00 PM Dr. Stephen Wallace *Sinus Surgery: Surgical Tricks from the Masters*

The Northeastern Society of Periodontists, Inc. is an ADA CERP recognized provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the providers or to ADA CERP at www.ada.org/goto/ceerp.
Program Description (continued from page 1)

Jim Janakievski received his DDS from the University of Toronto, which was followed by a general practice residency. After several years in general practice, he completed his postgraduate training at the University of Washington, where he received a certificate in periodontics. He then completed his master’s in oral biology at the University of Chicago. Dr. Janakievski is a Diplomate of the American Board of Periodontology and has been invited to present at national and international conferences. Dr. Janakievski is a Diplomate of the American Board of Periodontology and a member of the American Academy of Aesthetic Dentistry. He is a reviewer for several dental journals and has published in the area of dental implants and tooth autotransplantation. Dr. Janakievski maintains a private practice in Tacoma, Washington.

Dr. George Duello will present *Total Edentulous Solutions Supported By Digital Protocols*. Periodontists are uniquely suited to help patients retain dentoalveolar structures throughout the lifetime of the patient. Unfortunately, there is a subset of dental patients that, despite the multitude of therapies available to treat dental diseases, will suffer the loss of teeth. After the loss of teeth, the periodontist needs to change focus on optimal preservation of residual alveolar bone, restoring function, and maintaining age-appropriate aesthetics. This presentation will highlight innovative, non-grafted protocols for the edentulous patient.

**LEARNING OBJECTIVES:**

At the conclusion of this lecture participants will understand:

- how to review classification systems to identify patient needs for treatment of total edentulism;
- how to transition patients from natural dentitions to implant-borne prosthetics;
- newer bioengineering to facilitate surgical and prosthetics support for the edentulous patient.

Dr. George V. Duello, DDS, MS, FACD, is a 1976 graduate of the University of Missouri-Kansas City, where he received a BA in biology. He graduated from UMKC School of Dentistry in 1979. In 1981, Dr. Duello completed residency training in periodontics and received a Master’s in Oral Biology at UMKC School of Dentistry. He served in the United States Air Force at MacDill AFB, Tampa Florida, as Chief of Periodontics from 1981-1983.

Dr. Duello was named a Diplomate of the American Board of Periodontology in 1987 and is a member of the American, Missouri, and Greater St. Louis Dental Societies. Dr. Duello is a Fellow of the American Col-
lege of Dentists and has membership in the Missouri Society of Periodontists, Midwest Society of Periodontology, American Academy of Periodontology, ICOI, and Academy of Osseointegration. He is the past president of the Missouri Society of Periodontists and the Greater St. Louis Dental Society.

Dr. Duello is an alumnus of the Schuster Center for Professional Development and director of the Gateway Study Club in St. Louis, a chapter of the Seattle Study Club. He has lectured internationally, nationally, and regionally on contemporary periodontal and implant therapy and practice management. He has authored articles in popular dental journals on dental implant therapy. Dr. Duello is a member of Nobel Biocare’s NobelKnowledge website faculty.

This lecture is supported by a grant from Nobel Biocare.

**LEARNING OBJECTIVES:**
Upon completion of this presentation, participants will be able to:

- cite the evidence for improved outcome parameters with the tunnel technique;
- describe the indications for use of an allograft in the tunnel technique for soft tissue grafting;
- discuss tips for surgical success with use of an allograft in the tunnel technique.

Dr. Allen has served as president of the American Academy of Aesthetic Dentistry, the American Academy of Restorative Dentistry, and the American Academy of Periodontology Foundation. He is the recipient of the Master Clinician Award from the American Academy of Periodontology, the President’s Award for Excellence in Dental Education from the American Academy of Aesthetic Dentistry, and the Saul Schluger Award for Excellence in Diagnosis and Treatment Planning. Currently, he is the Periodontal Section Editor for the *Journal of Aesthetic and Restorative Dentistry* and serves on the Editorial Boards of the *Journal of Periodontology* and the *International Journal of Periodontics and Restorative Dentistry*. Dr. Allen is founder of the Center for Advanced Dental Education in Dallas, an educational facility where he teaches surgical technique courses. He has over 100 publications and has presented numerous lectures and surgical demonstrations worldwide.

**DR. EDWARD P. ALLEN** will present *Tips for Success in Soft Tissue Grafting with the Tunnel Technique.* Soft tissue grafting has evolved from effective but invasive techniques to current minimally invasive, patient-friendly procedures. Now, palatal donor tissue and vertical incisions are no longer necessary for root coverage grafting, resulting in not only a better postoperative course, but also greater root coverage and better aesthetics. This lecture will review tips to increase your success when using the tunnel technique for soft tissue grafting. The tips cover all aspects of the procedure including microsurgical instrumentation, site preparation, graft placement, suturing, and postoperative care. Cases will be presented showing application of an allograft and a new xenograft with the tunnel technique for treatment of a variety of soft tissue deficiencies at both teeth and implant sites.

**DR. STEPHEN WALLACE** will present *Sinus Surgery: Surgical Tricks from the Masters.* Maxillary sinus elevation surgery now has a 36-year history since the

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**New Members**
The NESP welcomes the following new members:

- Dr. Ronald Del Vecchio, Vernon, Connecticut
- Dr. Adi Einhorn, Tel-Aviv, Israel
- Dr. David Handsman, Worcester, Massachusetts
- Dr. YongKun Kim, Elkins Park, Pennsylvania
- Dr. Yoojun Park, Engelwood, New Jersey
- Dr. Andrew Samuel, Ocean, New Jersey
first publication and 40 years since the first presentation. Current EBRs give implant survival rates for lateral window procedures of over 95%. There are many reasons for this high success rate; most of them, however, do not involve tricks. Certainly we have seen an evolution in biomaterials and surgical techniques that have led to improved outcomes. We also have 40 years of experience of many “masters” who have indeed given us new understandings of how to perform sinus surgery and how to avoid and treat complications. This presentation will show one clinician’s evolution to achieve the best outcomes for this procedure.

**LEARNING OBJECTIVES:**
Attendees will have the opportunity to:
- put into perspective the evolution of grafting materials;
- understand how sinus anatomy dictates surgical modifications;
- experience multiple surgical techniques meant to achieve superior outcomes;
- observe the most effective ways to deal with complications;
- see that success does not involve “change for the sake of change” or “magic.”

Dr. Stephen Wallace is a Diplomate of the American Board of Periodontology, Diplomate of the International Congress of Oral Implantologists and a Fellow of the Academy of Osseointegration. He is an associate professor in the Department of Periodontics at Columbia University and has authored over 40 peer-reviewed papers relating to implant dentistry, contributed numerous textbook chapters, and has co-edited a textbook on maxillary sinus elevation surgery. Dr. Wallace recently received the 2013 American Academy of Periodontology Master Clinician’s Award for outstanding service and level of practice. In addition to teaching, he maintains a private practice, specializing in periodontics, regeneration, and implant dentistry, in Waterbury, Connecticut.

**Disclaimer:**
This program is offered as an educational course only. The opinions and techniques offered today should be combined with additional educational experiences before considering them in your practice. Attendance at this program does not reflect specialty status, advanced training, specific skills or educational status.

**ADA CERP Requirements**
All speakers in this CE program have signed a document that states whether or not they have a financial relationship with any of our exhibitors. Any such relationship with a commercial entity will be denoted in our publication under the description of their presentation.

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**President’s Message**

Charles Darwin once said: “It is not the strongest of the species that survives, nor the most intelligent, but the one most responsive to change.” As periodontists, we have faced numerous challenges to our specialty over the last several years. We must be united in our message, that through our extensive surgical training we can provide exceptional and superior care to our patients. Furthermore, it is essential that we recruit and mentor residents in postgraduate periodontal programs. We must invest in the future of our specialty by providing support for the next generation of periodontists.

In consideration of these challenges, the Board of Directors of the NESP has charged the Strategic Planning Committee, chaired by Dr. Giorgio DiVincenzo, to formulate a long-range plan for our society. The committee will examine ways to strengthen our organization and assess for the growth and development of our membership. Thank you to Dr. DiVincenzo and the committee members for their willingness to study these extremely important issues and offer their time for the advancement of our society.

The 2016 fall meeting is entitled **Tricks of the Trade from Master Clinicians.** Leaders in periodontics will share their “tricks” for optimizing treatment success in periodontal and implant therapy. My sincere thanks to my program chairman, Dr. Mario Vilardi, for his dedication and hard work this past year. His commitment has resulted in two dynamic and clinically relevant programs that will engage and educate our membership.

As I have discussed previously, the continued success of the NESP, and our specialty, is dependent upon you, the membership. I encourage you to support the NESP through your attendance at the scientific programs and by volunteering to participate in our organization.

In closing, I thank you for the opportunity and privilege to serve as your president in 2016. It has been an honor to work with our dedicated Board of Directors, officers, committee members, and our Executive Director, Dr. David Kratenstein, all of whom contribute to our society with their time, knowledge, and guidance. I congratulate my successor, Dr. Wayne Aldredge, and wish him all the best for the coming year. I know that I leave the NESP in very capable hands. I look forward to seeing all of you at the fall meeting on November 4.
I was born in, raised in, and practice in New Jersey. And I am thoroughly biased regarding the quality of the periodontists we have in our northeastern region. I know we have the brightest minds, the most talented clinicians, the best-nurtured residents, and the most engaged membership in the country.

Big city or little town, group or solo practice, hospital board or new graduate, you are an NESP member because you are passionate about the services we as periodontists can provide now, and excited about what we might do in the future. You’re invested in the amazing educational opportunities you will only find with the NESP because you have no doubt that the science of periodontics leads all of dentistry in saving teeth, saving function, even in saving lives.

That bears repeating. We as periodontists are distinct specialists in saving teeth. We are surgeons of the mouth. No one is better at evaluating bone. No one is better at regenerating tissue. And when we can’t save them, no one is better at placing dental implants. As you know from attending our scientific programs, no one pushes harder for new technology that will change a patient’s life.

Isn’t that why we spent those extra years of study, and why we continue to learn? Because nothing feels as satisfying as a great patient outcome.

The NESP is here to make those great outcomes possible in ever-increasing numbers. Our individual practices and our specialty as a whole grow stronger when we work together to advance our reputation. Let’s take it to the next step. Let’s be sure to participate, to share, to learn at NESP events. Let’s make our November 4 meeting a rousing success. Let’s see record-breaking attendance at the spring meeting on May 5, 2017.

Let’s maintain the momentum that current President Ana Giglio started rolling with her leadership and drive this past year. We’ll tell the world that periodontists are their very best choice for saving teeth and placing implants. We’ll do it together.

From the Desk of the Executive Director

As we finish 2016 and begin the 2017 programming we look forward to another great year. Our exhibitors have always provided a large percentage of the revenue that contributes to our financial well-being. Over the last several years that revenue pool has changed as many companies are merging and looking at the value of exhibiting at local and state venues. As a result, there has been a change for us in the gross revenue stream. Please show your support of our exhibitors at the meeting and tell them how important it is that they continue to sponsor your organization. Plan to purchase items at our meeting so the company reps can go back to their superiors and demonstrate how worthwhile it is to exhibit at the NESP meeting. The NESP is still the biggest bargain in CE delivery and a day of camaraderie. The Board of Directors wish to take this opportunity to thank you for your continued support of our organization.

Your incoming president Dr. Wayne Aldredge and his program chairman Dr. Robert Jaffin have planned a wonderful year of CE in 2017 to help you increase your knowledge, and our exhibitors are there to make available products that will be useful in your everyday practice. We look forward to seeing you at the May 5, 2017 meeting.

You will be receiving your 2017 dues bills at the beginning of December. For those who want a 2016 write-off, please pay on receipt. We ask that all other members pay dues as soon as possible to avoid our having to send out second notices. We are a premier continuing education group whose cost is really minimal for the services provided, which include a full day of CE, lunch, and several publications. Please continue your membership and support of our organization.

We thank you in advance for your participation in the NESP.

In Memoriam

The Officers and the Board of Directors of the NESP offer their condolences to the family of our colleague Dr. Sanford Kirsch, who passed at age 92. Dr. Kirsch moved to Long Boat Key, Florida upon his retirement from active practice in White Plains, New York. He served as president of the NESP in 1975 and 1976 and was a true leader of our organization.
Unsettling Rise of Non-Disclosure Agreements

Dr. G. (real name withheld) is a periodontist who recently attended a two-day course on a specific surgical technique. I asked her what her thoughts of the course were and on the technique itself, and Dr. G. had only positive experiences to share. She has utilized the technique she learned in the course on 75 patients with great results. Dr. G. is a very experienced surgeon and I remember quite vividly when she was a resident and I was her attending how well she performed complex surgeries. She was also always grateful to learn different techniques from me and the rest of her faculty. So I was quite surprised when she refused to enlighten me on the details of this new technique. “You see,” she said, “I signed a non-disclosure agreement (NDA) and I can’t teach anybody the technique.” She even showed me the agreement online, which states: “ATTENDEE shall not teach or discuss the procedures learned from this technique with other individuals.”

Although, this was the first time I had come across an NDA used for a dental education course, it seems these agreements may be becoming more common. I placed a phone call to the ADA’s CERP (Continuing Education Recognition Program) to find out the stance of the ADA on these NDAs. I was informed that CERP, which approves providers and not specific courses, has standards — and one of them specifically states that continuing dental educational courses must not promote specific devices, services, or techniques of a commercial interest. Education should be open with the purpose of sharing and disseminating information for the ultimate benefit of our patients.

Many periodontists selflessly volunteer at hospital residency programs and dental schools, sharing their knowledge and years of experience with dental students and residents. The techniques that are freely given contribute to the competency of dentists and the well-being of their patients. In a not so far-fetched future we could have a shortage of dentists willing to share their techniques or unable to if they signed these NDAs. To gain any knowledge in this bleak future the dentist may have to travel to hundreds of different programs across the country and spend inordinate amounts of money to learn how to practice.

I can see the other point of view, that a company or dentist would want to protect the patent on a product or device, or a trademark on a clever name that is associated with a product. However, this is harder to digest when it has to do with a technique. I would even think the dentist or company would want to share their techniques so people would be more apt to purchase their products. These NDAs also prevent researchers from comparing their techniques to others. I guess they are afraid someone may find unfavorable results or results that are just as good as procedures that we already commonly perform.

In the modern version of the Hippocratic Oath it states, “That just as I have learned from those who preceded me, so will I instruct those who follow me in the science and art of medicine” (Weill Cornell Medical College’s Hippocratic Oath). Confidentiality agreements that prohibit teaching techniques that can help our patients’ health are something I hope we all will not sign on to.

Members can access the NESP journal Periodontal Clinical Investigations online.

Go to the NESP website, click on scientific journal, then on journal articles, and use the password NESPMEMBER (all caps).

For updates and the latest information on NESP, visit our website at www.nesp.org.

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2016 Spring Meeting
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provide excellent programming and parallel functions to our membership.

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NESP Bulletin is the official publication of the Northeastern Society of Periodontists and is published biannually before each general meeting. Articles should be submitted to the editor before the January 15 and September 1 deadlines. Publication materials may be deferred to future issues or edited without materially changing the author’s intent in order to conform with the requirements of the NESP Bulletin. The publication of an advertisement, opinion or statement does not reflect endorsement, approval, or policy of the NESP and its Bulletin unless stated.