



NORTHEASTERN SOCIETY OF PERIODONTISTS BULLETIN

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FALL 2009

FALL MEETING • OCTOBER 16, 2009

International Round Table: The State of the Science After 50 Years

New York Marriott Marquis Hotel • 1535 Broadway, New York, NY

To honor the 50th Anniversary of the Northeastern Society of Periodontists, we have planned a fall symposium featuring speakers from around the world, with our goal being to enhance your clinical practice. Our autumn faculty will provide information that will allow you to gain knowledge and valuable clinical insight into the most progressive treatment modalities. This year's NESP Program Chairman, Dr. Wayne A. Aldredge, has put together an impressive list of speakers who will inspire and enlighten you on the subjects of their expertise.

The theme for this meeting is *International Round Table: The State of the Science After 50 Years*. The day will start with registration, exhibits, and coffee between 8:00 – 9:00 a.m. At 9:00 a.m., the first speaker, Dr. Joseph P. Fiorellini, will present *Practical Use of Biologics for Bone Regeneration*, followed by a coffee break from 10:15 to 10:45. Please remember to visit the exhibitors at this time. Dr. Lars Sennerby will then present on *Dental*

8:00–8:30 A.M.	NESP Board of Governors' Meeting
8:00–9:00 A.M.	Registration, Exhibits, and Coffee
9:00–10:15 A.M.	Dr. Joseph P. Fiorellini <i>Practical Use of Biologics for Bone Regeneration</i>
10:15–10:45 A.M.	Coffee Break (Visit with our Exhibitors)
10:45 A.M.–12:00 P.M.	Dr. Lars Sennerby <i>Dental Implants, Surface Enhancements and Future Directions</i>
12:00 P.M.–1:30 P.M.	Lunch Installation of 2010 Officers Luncheon for Learning Isador Hirshfeld Award – Dr. Gerald M. Bowers
1:30–2:45 P.M.	Dr. Ludovico Sbordone <i>Enhanced Bone Graft Techniques for Optimal Implant Site Development</i>
2:45–4:00 P.M.	Dr. Jeffery R. Thomas <i>Piezoelectric Dento-alveolar Surgery: Setting a Clinical Usage Course for 2010 and Beyond</i>
6:00 – 11:00 P.M.	Cocktails – Dinner celebrating our 50th Anniversary at the Columbus Club Reservations Required

(CONTINUED ON PAGE 2)



Joseph Fiorellini



Lars Sennerby



Ludovico Sbordone



Jeffrey Thomas



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PROGRAM DESCRIPTION (CONTINUED FROM PAGE 1)

Implants, Surface Enhancements and Future Directions. Lunch will be served at 12:00 noon, followed by Prof. Ludovico Sbordone's presentation at 1:30 p.m., titled *Enhanced Bone Graft Techniques for Optimal Implant Site Development.* At 2:45 p.m. Dr. Jeffery R. Thomas will present *Piezoelectric Dento-alveolar Surgery: Setting a Clinical Usage Course for 2010 and Beyond.*

DR. JOSEPH FIORELLINI, D.M.D., DMSC, will present *Practical Use of Biologics for Bone Regeneration.* The replacement of teeth with dental implants has become an effective treatment modality. As a result, dental implants have provided additional treatment options that enhance function and/or aesthetics. However, for some patients, oral rehabilitation with implants has been contraindicated due to insufficient bone volume. Conventional procedures most often involve the use of barrier membranes with bone grafts, which foster selective cell repopulation and re-growth of osseous structures. Since the predictability of these techniques may be limited to certain case types, efforts have begun to investigate the possibility of harnessing osseous re-growth potential pharmacologically. Clinical research has found that proteins are potent biologic mediators that promote many of the events in wound healing, and have been shown to promote bone formation in human clinical studies. In addition, these molecules have been applied to dental implants in order to accelerate healing and increase the bone to implant contact.

Dr. Fiorellini is professor and chair of the Department of Periodontics at the University of Pennsylvania School of Dental Medicine. In 1990, he received his DMD from the Harvard School of Dental Medicine and in 1993 was awarded the DMSc degree in the field of oral biology and a certificate in periodontology. Dr. Fiorellini has published over 50 manuscripts, reviews, or textbook chapters and received awards related to research including NIH and IADR research travel grants, the AAP Young Investigators Award, the Academy of Osseointegration Research Award, and the European Association for Osseointegration Research Prize. Currently, he serves on the editorial board of the *Journal of Periodontology*, the *International Journal of Oral and Maxillofacial Implants*, and the *International Journal of Periodontics and Restorative Dentistry*.

LEARNING OBJECTIVES:

Upon completion of this presentation, participants should be able to:

- become familiar with the biological principals of rhBMP-2;

- discuss the indications and contraindication for rhBMP-2 in alveolar ridge augmentation;
- describe the technique of alveolar ridge augmentation with rhBMP-2.

LARS SENNERBY, D.D.S., PH.D., will present *Dental Implants, Surface Enhancements and Future Directions.* Dr. Sennerby will discuss prosthetic rehabilitation of the edentulous patient with osseointegrated implants, which has been proven to be a predictable treatment modality, provided that well-documented implant designs and clinical protocols are used. The solid threaded screw implant is the preferred design. The threads facilitate insertion and ensure a firm primary stability, which can be accentuated by using thinner final drills or a tapered implant design. Most implants are provided with a rough surface topography since experimental studies and clinical histology have demonstrated a stronger bone tissue response and a more rapid integration of moderately rough implant surfaces compared with smooth control surfaces. However, are the new surfaces better than the old ones or just marketing positioning tools? The techniques behind available surface topographies, their properties, and clinical outcomes will be presented

Dr. Sennerby is professor of clinical and experimental dental implantology, Department of Biomaterials, Institute for Surgical Sciences, Sahlgrenska Academy at Gothenburg University, Sweden. He received his implant surgery training at the Brånemark Clinic, Gothenburg, and defended his Ph.D. thesis "On the bone tissue responses to titanium implants" in 1991. He works with implant surgery in private practice in Sweden and Italy. Dr. Sennerby has written more than 300 original articles on bone biology and dental implants and has been the tutor of 16 Ph.D. theses. He is co-editor-in-chief of *Clinical Implant Dentistry and Related Research*.

LEARNING OBJECTIVES:

- to explain implant stability and methods to measure it;
- to explain the current understanding of the bone tissue response to different implant surfaces;
- to present the clinical documentation on different implant systems and surfaces;
- to discuss the future directions in the development of dental implants.

Supported by an educational grant from Neoss.

PROGRAM DESCRIPTION (CONTINUED FROM PAGE 2)

LUDOVICO SBORDONE, M.D., D.D.S., will present *Enhanced Bone Graft Techniques for Optimal Implant Site Development*. One of the main side effects of reconstructive surgery using non-vascularized osseous grafts is represented by graft remodeling over time. Different factors may influence such remodeling, including the graft's embryological origin, composition, micro-architecture and three-dimensional features, as well as the anatomical region of the receiving site and its three-dimensional features.

Bone remodeling can be evaluated through clinical and radiographic parameters. Implant survival and linear and volumetric measurements of CT scans of reconstructed areas are certainly among the most important data to gather.

The results of the original studies presented indicate that linear measurements of the bone height around implants positioned in reconstructed areas may vary according to the embryologic origin of the harvesting area, and that volume changes may also be dependent on the three-dimensional features of both the graft and the receiving region.

Similar high implant Cumulative Survival Rates (CSRs) can be achieved in native bone and grafted areas. Current literature accounts and the personal data presented indicate that reconstruction of alveolar crests for implant placement seems to be a well-established, reliable technique. Long-term data on implant survival in such areas also seem to confirm this estimation.

Born in 1951, Prof. Sbordone is full professor and chairman of periodontology and implantology, director of the post-doctoral program Master In Implantology, and president of the of the Dental Hygienist School at the University of Pisa (Italy), School of Medicine. As well as having broad experience as a visiting professor, clinician, and research scholar in Sweden and the United States, he is also author of over 150 papers on periodontology and implantology published in leading journals. Dr. Sbordone is an active member of the Italian Society of Periodontology, the Italian Society of Oral Surgery and Implantology, and the Italian Society of Osseointegrated Implantology (SIO). His main clinical and research interests include osseous maxillo-mandibular reconstructive surgery, implant rehabilitation; tissue engineering; in vitro interactions between titanium implants and human host cells; and microbiology of peri-implant and periodontal diseases.

LEARNING OBJECTIVES:

Upon completion of this presentation, participants should be able to:

- **identify the indications for autogenous bone grafting;**
- **select the area for autogenous bone harvesting according to the different grafting procedures and the presence/absence of maxillo-mandibular atrophy;**
- **evaluate grafted bone remodeling and implant survival rates in native and reconstructed bone.**

JEFFERY R. THOMAS, D.D.S. will discuss *Piezoelectric Dento-alveolar Surgery: Setting a Clinical Usage Course for 2010 and Beyond*. Piezoelectric ultrasonics have been used in dentistry for many years, but modifications to the technology about 10 years ago brought forth a different mentality in the clinical application of using this 'wave form' in patient care. Piezoelectric bone surgery instrumentation allows the surgeon to deliver very precise cuts to dento-alveolar structures, but at a frequency that does not cut the soft tissues. It also reduces hard tissue trauma, allowing improved healing, and reduces in many cases operator stress and fatigue.

Piezoelectric dento-alveolar surgery has been FDA approved since mid-2005 and was released in the United States late that year; however, usage of the technology has been slow to gain momentum, with sales far outpacing surgical usage. Purchase and the dissemination of basic knowledge have not been congruent, leading to frustration, improper usage, and 'dust collection' on the units.

Proper use of this technology can greatly assist the periodontist in the day-to-day challenges that come with contemporary reconstructive dento-alveolar and implant surgical procedures. Understanding essential surgical and technological principles, plus having a clear view of where the technology can take you, is the key to happiness after purchase, and is as well an aid to the decision to purchase such equipment. While piezoelectric technology (other than for root debridement) may not be for every periodontist, it is good for every periodontist to look past the 'hype' and clearly at the 'reality' of how this instrumentation can assist you and your patients on a near daily basis.

Dr. Thomas established his periodontal specialty practice in New Bern, North Carolina after completing

PROGRAM DESCRIPTION (CONTINUED FROM PAGE 3)

his specialty training in periodontics in 1984 at the Health Sciences Center in San Antonio, Texas. His clinical passions are anterior implants and complex interdisciplinary dentistry.

He completed his undergraduate and dental school training at the University of North Carolina in Chapel Hill followed by four years as a United States Navy Dental Officer in Beaufort, South Carolina, eventually attaining the rank of Lieutenant Commander. Dr. Thomas is an adjunct clinical assistant faculty member in the graduate periodontics program at the University of North Carolina School of Dentistry. He is a reviewer for the *Journal of Esthetic and Restorative Dentistry* and the *Compendium of Continuing Education in Dentistry*.

Dr. Thomas is a Fellow of the International College of Dentists, a Fellow of the American College of Dentists, a Fellow of the International Team for Implantology (ITI), and is a member of the American Academy of Esthetic Dentistry. He is also a past president of the North Carolina Society of Periodontists, has served on the North Carolina State Board of Dentistry's Sedation and Anesthesia Advisory Committee, and is a current Sedation Evaluator for the board's permitting process.

In addition to having used piezoelectric bone surgery since early 2004, Dr. Thomas has published articles and has lectured extensively about this technology, including full day hands-on courses in university and non-university environments. Being in a relatively small town where his patients are his everyday acquaintances and across-the-street neighbors, Dr. Thomas is careful to embrace any technique or technology, but is quite comfortable in his frequent use of piezoelectric bone surgery.

LEARNING OBJECTIVES:

- to provide participants a straightforward cost-benefit analysis for decision making regarding purchase and/or use;
- to describe clinical procedures and supporting evidence, plus proper armamentarium, risks and 'reality' of each procedure;
- to provide participants with innovative ideas to help broaden the participants use of piezoelectric bone surgery.

Disclaimer:

This program is offered as an educational course only. The opinions and techniques offered today should be combined with additional educational experiences before considering them in your practice. Attendance at this program does not reflect specialty status, advanced training, specific skills or educational status.

New Members

The NESP welcomes the following new members:

Dr. Navid Baradarian, New York, New York

Dr. Karin Chaddad, Arlington, Virginia

Dr. Dana Graves, Newark, New Jersey

Dr. Ray Williams, Stony Brook, New York

**MARK YOUR CALENDAR**

NESP Meeting Dates

APRIL 16, 2010

OCTOBER 1, 2010

Watch your mail for the *50th Anniversary Book of the Northeastern Society of Periodontists*, due for publication in November, 2009 (or sooner!). The *50th Anniversary Book* is being supported by a grant from Nobel Biocare.

50th Anniversary Gala

October 16, 2009

Reservations available on the web-site or in the insert in the program mailing.

Send form to the attention of
executivedirector@nesp.org

NESP Website Update

Please note that something new has been added to the website. There is now a course evaluation survey that we would like our membership to fill in and return. It enables your program committee to set up the kind of programs that you may want to attend. It also fulfills our requirements under the ADA CERP regulations. Please fill in this survey at your earliest opportunity

Secondly, our journal, *Periodontal Clinical Investigations*, is available on the website. Members can access it by putting in the password NESPMEMBER, all caps are required.

Incoming President's Message

As the incoming president of the NESP, I cannot think of a better time to focus on the merits of this great organization as we celebrate its 50th anniversary.

First and foremost, I have to extend my sincere appreciation to you, the members, and the Executive Board for giving me the honor and the opportunity to serve the NESP. This is a critical time in the evolution of periodontics, as the transitions in delivery of oral care, economics, and cultural changes are directly or indirectly influencing our profession in ways that cannot be ignored. Although the age-old axiom "There is power in numbers," has become cliché, it is indeed an accurate statement for us. The pioneers who started this organization at the Shelburne Hotel in New York City 50 years ago set the tone and direction for an effective and prestigious organization that we can hope to continue in the next 50 years. I strongly recommend reading the history of NESP on its website. It is a magnificent historical document that was painstakingly prepared by Dr. Steven Gold. We are indebted to his long lasting service and commitment to this organization.

The NESP would not have been a success without the spirit of volunteerism and commitment by many individuals, some of who are recognized names in dentistry, community, and politics. We have a great

membership roster. For the NESP to continue its mission, I hope to see more active participation from these members. Please feel free to contact me or any of the other board members if you are interested.

When I started my involvement on the Union County Dental Society Executive Board in New Jersey in 1991, I thought I would only volunteer for a short period. Still, here I am, after serving at local and national levels of organized dentistry. All I can tell you is that it has been a pleasure: when I think of many great people I have met who have since become dear friends, not to mention the gained experience, it has been well worth the time commitment.

One person to whom I have to extend my sincere gratitude is the executive director of the NESP, Dr. David Kratenstein. He has been exceptional in serving the organization and I thank him for his kind, effective management and valuable advice to all. I would also like to thank Dr. Gail Childers for his leadership and for a successful year in 2009. It is through such efforts that our organization constantly improves. ■



Mehdi Saber

NESP MEETING PLATINUM SPONSORS

NESP would like to acknowledge our Platinum sponsors

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whose additional educational grants have enabled this society to provide excellent programming and parallel functions to our membership.

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President's Message

Harry Truman once was quoted as saying, "You can accomplish anything in life, provided that you do not mind who gets the credit."

I have been involved with this organization for the past 18 years. Eighteen presidents, 18 program chairs, 36 planned meetings, 36 *Bulletins*, and 72 board meetings. Unless you have attended the board meetings, you cannot appreciate the diligence, high spirit, and enthusiasm that take place in the planning of each session. I have seen this organization grow from "good to great." Consequently, the team, the structure, and the mission of service for its members leads the NESP to the highest level of scientific knowledge-sharing and education, second to none. I am humbled to only have been a small part in the leadership and I am grateful to all of the officers, board members, committee chairs, speakers, sponsors, and our executive director for their work and support.

Coincidentally, Jim Collins noted this model of the NESP in the book *Good to Great*. After reading the book, I was compelled to share this revelation with you. Mr. Collins states that leadership starts with disciplined people, having disciplined thought, leading to disciplined action. Being a leader is not just about humility and modesty but also about unwavering resolve and being a "servant leader." The present and past leaders of our organization have shown this type of servitude to the NESP and should be commended for their commitment. This is also the same model for the American Board of Periodontology (ABP), set forth by our 2009 Isador Hirschfeld recipient Dr. Gerald Bowers.

(It should be noted that the model describes some leaders as being fanatically driven who become infected with an incurable need to produce results... [sound like anyone you know?] ...and that when things go poorly, good to great leaders look in the mirror and blame themselves, taking full responsibility.)

We can learn from our business model in everyday life struggles, whether in career, family, or teaching. Although we are amidst a change in periodontics with this recession, we need to consider many factors for continued success: having the right team, being disciplined, thinking clearly, and having the right plan of action are the keys to having successful endeavors.

I have really enjoyed being your president, but let us not rest on our laurels and think that there is not room for improvement. Gargantuan egos lead to demise or continued mediocrity. We have had a great first 50 years, which will be celebrated on the night of October 16 at the Columbus Club in Manhattan... come join us. Furthermore, let us continue to evolve in leading our profession, let the organization get the credit as a whole as we accomplish the tasks at hand, and let us continue not to be self-serving. ■

Graciously—Dr Gail Childers, NESP President 2009



Gail Childers

Message from the Editor

Have you ever attended a wedding where they played the "anniversary game?" For those of you who are not familiar, let me take a moment to explain. The DJ asks all married couples to come to the dance floor and start dancing. After the first minute, the DJ will ask all couples married less than 1 year to sit down. The DJ will continue asking couples to sit as he calls out increasing anniversary milestones. I recall a wedding where the remaining winning couple was married for 50 years. Everyone in the room stood and acknowledged their long commitment to each other. After all, 50 years is a long time and not many couples make it to this milestone.

The NESP has also weathered the test of time and will be celebrating its 50-year anniversary. I thought it would be nice to take a trip down memory lane – or "history lane," as it were – for the younger members (present company included). After surfing the Internet and landing at Wikipedia.org, here is a glimpse of what occurred in the year 1959:

Alaska and Hawaii are admitted as the 49th and 50th U.S. state, respectively;

Debut of the Barbie doll;

The Twilight Zone premieres on CBS;

Guggenheim Museum opens to the public; and

Ben-Hur, starring Charlton Heston is released.

I am thrilled and honored to be witnessing a part of our organization's history. I hope to see you at the meeting and, more importantly, at the 50-year anniversary gala. Let us all reminisce the past and look forward to the future. If the past fifty years is any indication of where our organization stands, I am excited to see where we will be in the next fifty years. Until we meet again in the spring, best wishes for a happy, healthy, and prosperous 2010. ■



Wayne Kye

AAP Trustee Report

You are probably aware that Dr. Susan Karabin will be finishing her tenure on the Board of Trustees at the upcoming AAP Annual meeting in Boston. We would like to take this opportunity to enlighten our members and acknowledge all that Dr. Karabin has accomplished on our behalf:

Although Dr. Karabin had a short (10-month) term as president, in that time she accomplished much:

Dr. Karabin was a champion for the academy's efforts to identify inflammation's relationship to systemic disease. The AAP co-sponsored an Inflammation Workshop, increasing medicine's and dentistry's knowledge of the relationship of inflammation to disease. The proceedings of the workshop were distributed to AAP members and *Journal of Periodontology* subscribers in a special supplement to the journal. This initiative led directly to the academy's collaboration with the *American Journal of Cardiology* in 2009.

Dr. Karabin was tireless in her efforts to advance the academy's governance. During her tenure as president, several recommendations of the previous year's governance study came to fruition:

- A State and Regional Assembly met for the first time in June, 2008, with approximately 27 periodontists representing 31 states.

Gerald M. Bowers, D.D.S.

2009 Hirschfeld Award Recipient

NESP is proud to announce that Dr. Gerald M. Bowers is the 2009 Hirschfeld Award Recipient.

Dr. Bowers received his D.D.S. from the University of Michigan in 1954. He served in the Naval Dental Corps from 1954 to 1974, when he retired as captain. He then became professor and director of the postgraduate program in periodontics at the University of Maryland, while maintaining a private practice, until his retirement in 1998. He retired from private practice in 1999.

He served as the executive director of the American Board of Periodontology from 1982 to 2008, has published over 100 articles in refereed journals, and published the textbook *Periodontic Syllabus*. He has been the recipient of many awards given by the Academy, including but not limited to the Gold Medal Award, Master Clinician Award, William Gies Award (multiple times), R. Earl Robinson Periodontal Regeneration Award (multiple times), and the Clinical Research Award.



- Committee appointments were made based on a call for volunteers, which identified new and younger members to serve on AAP committees and other volunteer positions.
- The work of the board was streamlined by discussing priority issues at the beginning of meetings, allowing time for mega-issue discussions on topics such as emerging technology and periodontal therapy and periodontists' relationships with general dentists.

Dr. Karabin was outstanding as a spokesperson for AAP with the media. By the end of her term, overall public relations efforts resulted in nearly 394 million media impressions, or total number of people reached. During her presidential year, media placements secured by the academy appeared in:

<i>The New York Times</i>	<i>US News & World Report</i>
<i>Reader's Digest</i>	<i>Consumer Reports</i>
<i>Self</i>	<i>Men's Health</i>
<i>Real Simple</i>	<i>Cooking Light</i>
Newsweek.com	WebMD.com
PBS	NBC-5 Chicago (WMAQ-TV)
<i>Inside Dentistry</i>	<i>Dentistry Today</i>

Dr. Karabin made herself available on numerous occasions, at short notice, to speak to the media on behalf of the profession of periodontics.

We applaud what she has accomplished and we want you to know that we will continue to work on your behalf by continuing to pursue the periodontal/systemic link and raise awareness of periodontal diseases.

Furthermore: Dr. Wayne Aldredge was re-elected for a second term as trustee for District 7; and Dr. John Asaro was elected for a three-year term after serving as an interim trustee.

We welcome our newly elected secretary-treasurer Dr. Nancy Newhouse.

Sincerely,

Dr. Stuart Froum
Dr. Wayne A. Aldredge

The NESP is a recognized ADA CERP provider.
Attendance at the meeting is open to all dues-paying members.
Guests have to pay the required fee as stated in the program.
No refunds are allowed.
There is no cancellation policy for dues-paying members.
Attendees will receive 7 CE credits for the fall 2009 meeting lectures.

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The NESP wishes to thank the sponsors of the fall meeting for their financial support. All members are urged to visit the exhibit booths and to acquire the latest information on periodontal products.

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