



# NORTHEASTERN SOCIETY OF PERIODONTISTS BULLETIN

VOLUME 34, No. 1

SPRING 2005

## FALL MEETING • FRIDAY, APRIL 8, 2005

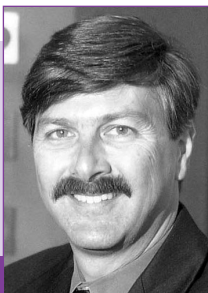
### *Enhancing Treatment Outcome and Predictability: Issues and Innovations in Periodontal Therapy 2005*

New York Marriott Marquis Hotel • 1535 Broadway, New York, NY

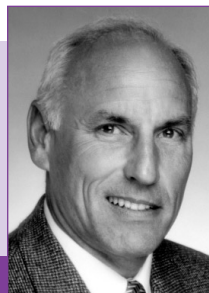
**P**redictability is an important phenomenon in nature to neutralize the randomness and chaos that exists in parallel. As the winter comes to a close, the arrival of the spring weather synchronized with budding leaves and growing flowers and plants are all a reminder of the respectful predictability of nature. As periodontists, we desire and seek this phenomenon in order to plan appropriate procedures and provide our patients with optimum results. This year's Program Chairman, Dr. Mark Snyder has put the spotlight on exactly the same subject in our field and we hope that the attendants will enjoy a predictably nice spring weather to come together, renew acquaintances and enjoy the presentations. The theme for the meeting is "Enhancing Treatment Outcome and Predictability: Issues and Innovations in Periodontal Therapy 2005." Dr. Snyder's well-organized and thoughtful program will

present four experts in their respective fields. NESP Board of Governors will meet 8:00-8:30 A.M. Registration, exhibits and coffee bar will be open 8:00-9:00 A.M. At 9:00 A.M., the first speaker, Dr. Jeffrey Ganeles, will present "Immediate Loading and Restoration of Dental Implants: A Predictable, Powerful Part of Contemporary Practice." This will be followed by a coffee break 10:15-10:45 A.M. Please remember to visit the exhibitors at this time. Following the break, Dr. David Mathews will present "Soft Tissue Management Around Implants and Pontics in the Esthetic Zone." Lunch will be served at 12:00, followed by Dr. Andre Saadoun's presentation at 1:15 P.M., titled "Esthetic Considerations in Periodontal and Implant Dentistry." At 2:30 P.M., Dr. Fereidoun Daftary will present "Extract or Not to Extract: What is the

(CONTINUED ON PAGE 4)



Jeffrey Ganeles



David Mathews



Andre Saadoun



Fereidoun Daftary

**ADAC•E•R•P**  
CONTINUING EDUCATION RECOGNITION PROGRAM

PROVIDER CODE 05397-58

*The NESP is a recognized ADA CERP provider.*

*Attendance at the meeting is open to all dues-paying members. Guests have to pay the required fee as stated in the program. No refunds are allowed. There is no cancellation policy for dues-paying members. Attendees will receive 7 credit hours for the Fall 2004 Meeting lectures.*

## President's Remarks

The board of directors of NESP have been working hard to keep our organization in the excellent position it has always enjoyed in serving our membership. We are presently looking into extending member benefits by providing an auxiliary program each year as well as the possible establishment of an education fund. This fund would provide the resources to bring in a speaker for an all day presentation at no cost to the membership—without a dues raise.

Due in large part to the hard work of our past several exhibits chairpersons and excellent management by our Executive Director, our organization is in great financial condition. We have close to one year's operating funds in reserve. We have instituted a Platinum sponsorship which presently has six sponsors and will add additional revenues to our operating budget.

Dr. Mark Snyder, my program chairperson, has put together an excellent program for the 2005 year. Our April meeting will concentrate on "Strategies for Enhancing Treatment Outcome and Predictability in Periodontal Therapy" and the October meeting will con-

centrate on "Failures—How to Avoid Them and Correct Them." It will be an exciting year.

We have had several members volunteer to become active in the NESP leadership. We welcome all of those who are interested. Prior to becoming an officer there is a long road. It usually starts with a position as a committee or exhibits chairperson. From there, assistant program chairperson followed by the position of program chairperson. After a job well done, election to the Board of Directors for a term of 3 to 6 years proceeds being nominated for an officer's position. As you can see there is a lot of work done and experience gained prior to moving up into the leadership roles of the NESP. We are fortunate to have all the talented and interested people we do to make this organization run as well as it is.

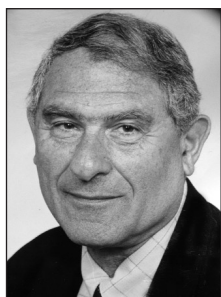
I hope to see you all at the April 8th meeting. If you have any concerns do not hesitate to contact me. ■



Barry D. Wagenberg

### SCHOOR RECEIVES SCOPP AWARD

The Irwin W. Scopp Fellowship will be awarded to Dr. Robert Schoor for outstanding service to the profession and our Society. Dr. Schoor is director of advanced education in periodontics at New York University College of Dentistry, a Consultant to the New York Veterans Administration and the New Jersey State Board of Dentistry. He completed his dental degree in 1961 at Temple University and his postdoctoral training in periodontics in 1966 at Columbia University. Dr. Schoor has a long record of service to the periodontal profession. He became the president of AAP in 1998 and has served on various AAP committees. He is a past president of the Northeastern Society of Periodontists, the Philadelphia Society of Periodontology and the New Jersey Society of Periodontists. Dr. Schoor is a Diplomate of the American Board of Periodontology and maintains a private periodontal practice in Cherry Hill, NJ.



Robert Schoor

### NESP MEETING PLATINUM SPONSORS

NESP would like to acknowledge our Platinum sponsors

#### 31-Implant Innovations

Astra Tech  
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whose additional educational grants have enabled this society to provide excellent programming and parallel functions to our membership.

### PERIODONTIC NEWS?

*NESP Bulletin* encourages news from advanced education programs in periodontics throughout the northeastern region. News may include faculty and student activities or achievements, research projects, departmental changes or any other related activities.

The deadline for the next issue is August 15, 2005. You may send all correspondence in care of the Editor, Dr. Mehdi Saber. Please see the last page for contact information.

## Editor's Notes

### Wish List

**M**y 2½-year-old twins do not create the most conducive environment for creative writing. Yet, their joy and excitement is contagious and inspiring. Allow me to share some thoughts as wish lists for this year and beyond.

I am not suggesting that we always use words with the precision of poetry, but occasional respect to semantics could go a long way in proper communication. Some words change with time, others are better off left untouched. Nothing against “work” but could we please call it “dental treatment” and not “dental work”?

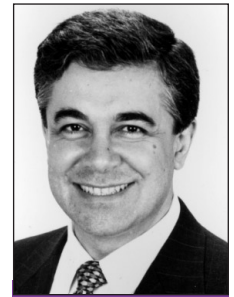
Speaking of change and time, isn't it about time that we retired cuspidors? After 100 years of honorable service the device is certainly entitled to it. Multiple high and low evacuation systems could ably fill the vacuum.

On December 28, *The New York Times* had an extended article on “dental double standards.” The essence of the article was that in general less people are able to afford proper dental care and the problem is becoming worse. It described decreasing dental benefits by employers, increasing cost of dental procedures and finally, patients who opt to extract teeth that otherwise could have been treated and saved. It said, in part: “One factor contributing to low public funding is the perception among some policy makers that oral health is separate from overall health, but doctors and dentists say that diseased teeth and gums contribute significantly to many other medical problems, like heart disease.” Policy specialists were quoted as saying “in a nation where a person's smile is considered a sign of general well-being and an important factor in landing a job, dental care is becoming ever more unequal.” And a health care researcher commented: “it seems barbaric...we are pulling teeth and calling it a service”. We, in the trenches, know this all too well. It is not uncommon to encounter patients who are embarrassed or depressed over the condition their teeth. Yet, we rarely come across research on social and psychological impacts of poor dental health. I wish we, as a profession, would take an active role in funding research in this area. We could identify factors that contribute to the rising costs, educate policy makers to improve public funding for dental care, mandate limited third party intrusions and regulations that ultimately increase costs and find methods of encouraging employers to add, increase and improve dental benefits. As health care providers, we are ethically bound to take steps in the direction of reducing disparity

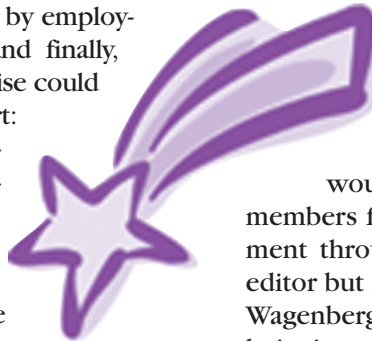
in dental health. Could we make it our goal that a decade from now everyone would have access to dental health?

On December 19, the *New Jersey Star Ledger* had an article on billing disparity where “people without insurance can get socked with the biggest hospital bills—sometimes two to three times higher than those charged to managed-care plans for an identical procedure.” Thankfully, this problem does not exist in dentistry. But consider a third party insurer that negotiates lower fees with a participating dentist. Patients without insurance pay the dentist's regular fees that are higher than the negotiated fees. Is this fair or ethical? Worse yet, some contracts stipulate that if the dentist charges a non-insured patient less than the patient with contracted fees, the difference is grounds for audits, retroactive reimbursements and possibly fraud charges. Can an individual non-insured patient who has no power to negotiate, request the same equitable treatment?

It has been a pleasure and an honor to serve as the editor of NESP bulletin. I would like to thank the NESP Board and the members for their confidence, support and encouragement throughout the years. I have enjoyed being the editor but it is time for passing the proverbial baton. Dr. Wagenberg has assigned Dr. Leslie Taynor to join the bulletin in transition to becoming the editor. Dr. Taynor received her dental and periodontal degrees from NYU college of Dentistry and Columbia University School of Dental and Oral Surgery, respectively. She is a Fellow of International College of Dentists and holds professional membership in numerous dental and periodontal organizations. She has been in private practice together with a hospital appointment in Long Island Jewish Hospital since 1979. Dr. Taynor is not new to the publishing world. She was the founder and Associate Editor of *Practical Periodontics and Aesthetic Dentistry*. She was also the founder and Program Chairperson for the 57th St. Study Club (aka Educational Forum of the American Association of Women Dentists). Dr. Taynor practices in Manhattan and lives in Long Island. Her husband Dr. Arthur Mones is a psychologist and they have a daughter, Lara. Dr. Taynor will be a great asset to our organization. I welcome her to the NESP Bulletin and wish her all the success. ■



Mehdi Saber



## PROGRAM DESCRIPTION (CONTINUED FROM PAGE 1)

Appropriate Treatment in Today's Periodontal and Prosthodontic Practices?" In conclusion of the program a discussion session will be open to audience questions at 3:45-4:00 P.M. Marriott Vacation club is providing a week stay at a participating Marriott Hotel in a raffle to be held during the meeting. By visiting 10 exhibitors you will qualify to enter the raffle. Last year's winner was our Member Dr. Gerald Isenberg from Brookline, MA.

**JEFFREY GANELES, D.M.D., F.A.C.D.,** will present "Immediate Loading and Restoration of Dental Implants: A Predictable, Powerful Part of Contemporary Practice." Immediate loading of dental implants has been described in dental literature since the early 1990's. Improved techniques, additional case reports and increased clinical experience continue to progress so that many practitioners increasingly offer these services to their patients. However, there are few objective studies, with adequate data to permit logical clinical decision-making. The purpose of this presentation is to present the data and techniques accumulated from a private practice environment where over 1000 immediately restored and loaded implants have been placed over 7 years. Focus for the presentation will be on surgical and restorative techniques, restorative preparation, laboratory communication, work allocation and patient management for different types of cases ranging from single tooth to full-arch and full-mouth restorations.

Dr. Ganeles received his dental degree in 1983, from Boston University Goldman School of Dental Medicine followed by his periodontics certificate from the University of Pennsylvania, College of Dental Medicine in 1987. He is a Diplomate of the American Board of Periodontology, a Fellow of the American College of Dentists and a Fellow of the International Team for Implantology (ITI). Dr. Ganeles was an Associate Clinical Professor of Periodontics at Georgetown University, School of Dentistry, a member of the Cleveland Clinic Cleft and Craniofacial Team in Ft. Lauderdale, and has served as consultant with The Cleveland Clinic Foundation, Cleveland, Ohio. Currently, Dr. Ganeles serves as Clinical Assistant Professor at Nova Southeastern University, College of Dental Medicine. He has been involved in several reality television shows including ABC "Extreme Makeover" and UK Channel 5 "Brand New You." Dr. Ganeles practices in Boca Raton, Florida.

**LEARNING OBJECTIVE:**

- The attendee will have an understanding of the biological basis and background to the evolution of loading protocols in implant dentistry

- The attendee will become aware of the options for surgical and prosthetic techniques for full-arch mandibular immediate loading cases
- The attendee will understand the difference between immediate restoration as applied to single-tooth and partial-arch cases and immediate loading when applied to full-arch cases.
- The attendee will recognize limitations and compromises when considering immediate loading and restoration of implants regarding site development and marginal tissue stability
- The attendee will become familiar with additional difficulties and compensatory strategies for successful full-maxillary arch and full-mouth immediate loading techniques
- The attendee will learn considerations for dividing responsibilities and work allocation within the treatment team to provide immediately loaded and restored implants among multi-specialty groups

**DAVID MATHEWS, D.D.S.,** will present "Soft Tissue Management Around Implants And Pontics In The Esthetic Zone." Management of the soft tissue framework is key in achieving ideal esthetics in the maxillary anterior region. This presentation will discuss preservation and augmentation of the soft tissue in the following situations:

1. Immediate implant placement and restoration
  2. Extraction sites where pontics will be placed
  3. Edentulous areas where pontics will be placed
- Maintenance of the soft tissue framework will be explored. Minimally invasive surgery, avoiding ridge collapse during extractions, and soft tissue augmentation of large ridge deformities will be elucidated through cases with long-term follow-up.

Dr. Mathews received his undergraduate and dental education at UCLA in 1969 and his Certificate in Periodontics from the University of Washington in 1974. He is a member of the American Academy of Periodontology, AAO, the Northwest Network for Dental Excellence, and the Academy of Esthetic Dentistry. He writes and lectures on coordinating interdisciplinary care for patients requiring implants, orthodontics, esthetic dentistry, and regenerative periodontal therapy. He is presently a player on the National Championship Hardball team and has a full time practice in Tacoma, Washington.

**LEARNING OBJECTIVE:**

- The attendee will be able to perform minimally invasive surgery (flap-less surgery)
- The attendee will learn how to use the pediculated connective graft

## PROGRAM DESCRIPTION (CONTINUED FROM PAGE 4)

- The attendee will learn about decreasing the number of surgeries and achieving excellent results
- The attendee will learn how use various temporaries to maintain and mold soft tissue

**ANDRE SAADOUN, D.D.S.**, will present “Esthetic Considerations In Periodontal And Implant Dentistry.” The esthetic challenge in dentistry is to have the final restoration as close as possible to the natural appearance of the patient. The most difficult aspect of the challenge in implantology is the soft tissue management to achieve this goal. The essential prerequisites in order to establish an optimal esthetic result should always include a precise and comprehensive diagnosis as well as the choice of the most effective treatment to achieve the expected outcome. Even though esthetics represents an essential consideration, the predictability of the various therapeutic modalities and the long-term prognosis, involve a scientific approach in all clinical procedures. The final objective is to create an optimal crown restoration with soft tissue architecture in harmony with the surrounding structures using delicate osseous, regenerative, and oral plastic surgical procedures. An evolution in implantology has taken place with tapered and rough surface implants inserted in a one-step, non-submerged surgical protocol. In order to select the appropriate timing for implant placement and loading, accurate diagnostic criteria must be established to evaluate the clinical parameters and determine the optimal time for immediate, early delayed, or late delayed implant placement. The three dimensional position of an implant, bone quality and quantity, periodontal bio-type and many other factors remain fundamental for a desirable result. Furthermore, it is of utmost importance to thoroughly determine the selection criteria of the patient for immediate (with or without temporization), early, or delayed loading. The value of the torque insertion and the quality of primary implant stability are the biomechanical prerequisites to achieve successful osseointegration in these specific procedures. Thus, motivation and plaque control, systematic presurgical scaling and root planning of remaining teeth with or without periodontal surgical procedures, and the commitment to comply with a rigorous periodontal follow-up and maintenance are imperative to the potential success of the different protocols of aesthetic therapy.

Dr. Saadoun received his dental degree from the Faculty of Paris, his Certificate in Periodontology from the University of Pennsylvania and a Post-Graduate Certificate in Implantology at University of California in Los Angeles. He is a Diplomate of the American Academy of

Periodontology, a Diplomate of the International Congress of Oral Implantology and President of the “Rencontres Méditerranéennes de Dentisterie.” Dr. Saadoun serves on the editorial board of Practical Procedures and Aesthetic Dentistry, Implant Dentistry and Dental Implantology Update. He has served as Associate Professor in the Department of Periodontics at the University of Southern California, has written over 150 articles and several chapters of books and has received the medal of “Chevalier de l’Order National du Mérite.” Dr. Saadoun maintains a private practice in Paris, France.

**LEARNING OBJECTIVE:**

- The attendee will be able to define hard and soft tissue challenges in the esthetic zone
- The attendee will understand the diagnostic criteria relevant to case selection for immediate and delayed implant placement in esthetically sensitive areas
- The attendee will understand the importance of correct three-dimensional implant positioning and the repercussions of inadequate placement
- The attendee will understand the impact of changes in implant design and surface characteristics on timing of implant placement and loading in the esthetic zone

**FEREIDOUN DAFTARY, D.D.S., M.SC.D.**, will present “Extract or Not to Extract: What is the Appropriate Treatment in Today’s Periodontal and Prosthodontic Practices?” Preservation of the teeth and all the supporting structures has always been the main concern of our profession. Historically, dentists have always tried to preserve the tooth at any expense. With the ever-increasing success of dental implants and their acceptance as standard of care, clinicians are faced with the increasing dilemma of to what extent they should attempt to preserve the tooth. Prolonged preservation of the ailing tooth, in some cases can jeopardize the dental apparatus, create esthetic complications and hard or soft tissue deficiencies resulting in future implant treatment complications. Without established and sound guidelines, clinicians are constantly faced with the predicament of over or under treatment. When is too soon and when is too late? This presentation is designed to provide guidelines for determining the appropriate timing of tooth extraction versus attempting to retain compromised teeth by utilizing traditional treatment modalities. The pros and cons of various procedures such as conventional and surgical endodontics, hemisection and root amputation will be discussed and contrasted with the possible benefit of extraction with implant placement. This presentation will cover the controversies regarding

## PROGRAM DESCRIPTION (CONTINUED FROM PAGE 5)

whether the remaining dentition needs to be splinted as part of the implant supported prosthesis.

Dr. Daftary received his dental degree from the National University of Iran and completed his post-graduate training in prosthodontics at Boston University. He has held a position as an Assistant Professor at New York University and was Chairman of the Department of Fixed Prosthodontics at the University of Southern California School of Dentistry. Dr. Daftary has lectured extensively on various dental topics including dental

implants and has developed and patented the Anatomic Abutment and Bio-Esthetic System. He maintains a private practice in Beverly Hills, California.

**LEARNING OBJECTIVE:**

- The attendee will be able to compare various treatment modalities used to prolong the teeth and contrast this with the pros and cons of extraction and implant placement
- The attendee will be able to describe the advantages and disadvantages of splinting teeth and implants
- The attendee will be able to discuss guidelines to assist in determining the most appropriate treatment alternatives and timing of treatment in cases with single or multiple compromised teeth
- The attendee will be able to describe the esthetic deformities of hard and soft tissues that may be associated with prolonged retention of ailing teeth

## New Members

The NESP welcomes the following new members:

Dr. Khalid Almas • New York, NY  
 Dr. Milita Borguet • Merion Station, PA  
 Dr. Richard Goldstein • New York, NY  
 Michael Plotno • Livingston, NJ

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### ACKNOWLEDGMENTS

The NESP wishes to thank the sponsors of the spring meeting for their financial support. All members are urged to visit the exhibit booths and to acquire the latest information on periodontal products.

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