

# NORTHEASTERN SOCIETY OF PERIODONTISTS



## NESP

## BULLETIN

VOLUME 52, No. 2

FALL 2023

### FALL MEETING • October 6, 2023

#### *Synchronicity: Establishing Gingival Harmony for Esthetic Outcomes*

New York Marriott Marquis Hotel • 1535 Broadway, New York, NY

The NESP is pleased to present its fall 2023 program to our membership, with the theme, **Synchronicity: Establishing Gingival Harmony for Esthetic Outcomes**. We are delighted to welcome the following three speakers to our program: Dr. Diego Velásquez will present **Mucogingival Surgery: A Microsurgical Approach**; Dr. Lorenzo Tavelli will speak on **Soft Tissue Grafting Around Teeth and Dental Implants: Contemporary Approaches for Minimally Invasive and Predictable Treatment for Soft Tissue Deformities**; and Dr. Pat Allen will discuss **Current Use of the Tunneling Technique Following 20 Years of Experience**. The registration desk and exhibit room will open starting at 8:00 a.m., with coffee served in the exhibits area. The NESP Board of Directors will meet from 8:00-9:00 a.m. The formal lectures will commence at 9:00 a.m. with a coffee break at 10:15 a.m., affording members time to

8:00–9:00 AM	NESP Board of Directors' Meeting
8:00–9:00 AM	Registration and Exhibits Coffee in the Exhibits Area
9:00–10:15 AM	Dr. Diego Velásquez <i>Mucogingival Surgery: A Microsurgical Approach</i>
10:15–10:45 AM	Visit with our Exhibitors / Coffee Break
10:45 AM–12:00 PM	Dr. Lorenzo Tavelli <i>Soft Tissue Grafting Around Teeth and Dental Implants: Contemporary Approaches for Minimally Invasive and Predictable Treatment for Soft Tissue Deformities</i>
12:00–1:00 PM	Lunch Program Installation of Officers
1:00–1:30 PM	Dessert and Coffee in the Exhibits Room
1:30–4:00 PM	Dr. Pat Allen <i>Current Use of the Tunneling Technique Following 20 Years of Experience</i>

(CONTINUED ON PAGE 2)



Diego Velásquez



Lorenzo Tavelli



Pat Allen

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## Program Description (CONTINUED FROM PAGE 1)

visit with our exhibitors. Our lunch program will begin at 12:00 p.m. Dessert and coffee will be served back in the exhibits room at 1:00 p.m. The afternoon program begins at 1:30 pm.

The Northeastern Society of Periodontists continues to advance the knowledge and skills of professionals in the fields of periodontics and implants. Our meetings provide the opportunity to network and maintain close relationships with fellow colleagues, which fosters camaraderie among our members.

We wish to thank our 2023 program chair, Dr. Constantine Pavlakos, for creating two fantastic programs this year. The NESP remains committed to being a primary resource for your continuing education.

**DR. DIEGO VELÁSQUEZ** will present *Mucogingival Surgery: A Microsurgical Approach*. The improved visual acuity and enhanced precise and delicate tissue manipulation afforded by the operating microscope and its inherent magnification and coaxial illumination has the potential to optimize surgical procedures performed to correct or eliminate anatomic, developmental, or traumatic deformities on the gingiva or the alveolar mucosa.

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### LEARNING OBJECTIVES:

At the end of this course, clinicians will:

- understand the historic background in microscope-assisted soft tissue management;
- visualize the biomechanical benefits of precise soft tissue management afforded by the microsurgical approach;
- understand the different biotextiles and biomaterials available for performing microsurgical procedures in periodontal and dental implant related therapy.
- become knowledgeable about the specifically designed microsurgical armamentarium that facilitates performing tasks under the operating microscope.

Dr. Velásquez is a graduate of the Pontificia Universidad Javeriana School of Dentistry, Colombia. He was awarded an Ambassadorial Scholarship by The Rotary Foundation that allowed him to complete his postdoctoral training in prosthodontics and dental materials at Indiana University School of Dentistry, where he also received a Masters Degree in Science of Dentistry. He went on to complete a residency in periodontics at The University of Texas Health Science Center at San Antonio. Dr. Velásquez works in private practice in Fenton, Michigan and is an Adjunct Clinical Assistant Professor at the School of Dentistry of The University of Michigan. He is a Diplomate of the American Board of Periodontology

and is currently a member of the peer review panel of the *Journal of Periodontology*, *Clinical Advances in Periodontics*, and a former consultant of *The International Journal of Periodontics and Restorative Dentistry*. He is part of the Expert Council of The Osteology Foundation, has published a number of articles on prosthodontics, periodontics, microsurgery, and dental implant related topics and has lectured internationally. He is the co-editor of the book titled *Microsurgery in Periodontal and Implant Dentistry - Concepts and Applications*. Dr. Velásquez is a recipient of the prestigious “Dr. and Mrs. Gerald M. Kramer Scholarship for Excellence” award of the American Academy of Periodontology Foundation. His private practice-based research activity has been recognized by the American Academy of Periodontology by receiving The Clinical Research Award in 2017 and 2021. He is past president of the Midwest Society of Periodontology, Michigan Periodontal Association, and the American Academy of Periodontology Foundation.

**DR. LORENZO TAVELLI** will present *Soft Tissue Grafting around Teeth and Dental Implants: Contemporary Approaches for Minimally Invasive and Predictable Treatment for Soft Tissue Deformities*. Several soft tissue deformities affect natural teeth and dental implants. These conditions often result in patients’ esthetic concerns but can also negatively affect periodontal and peri-implant tissue stability and health. Recent evidence highlights the importance of soft tissue phenotype augmentation for improving esthetics, health, and patient comfort when treating gingival recessions and implant esthetic complications. While several techniques have been shown to be successful in soft tissue augmentation at teeth and implant sites, minimally invasive approaches with non-autogenous grafts have been more and more advocated by clinicians and patients. This lecture will focus on the contemporary soft tissue grafting for addressing patient concerns around teeth and dental implants.

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### LEARNING OBJECTIVES:

At the end of this course, clinicians will understand:

- the role of soft tissue phenotype on esthetic, tissue stability, and health of natural teeth and dental implants;
- the current minimally invasive options for addressing mucogingival defects in natural dentition with autogenous grafts and substitutes;
- how to augment/modify the peri-implant soft tissue phenotype;
- the recent classification of peri-implant soft tissue dehiscences;
- how to select the most appropriate treatment approach for each type of peri-implant soft tissue dehiscence.

Dr. Tavelli graduated from the University of Milan. He completed his three-year residency in periodontics and his Master of Science at the University of Michigan. Dr. Tavelli joined the Department of Periodontics and Oral Medicine at the University of Michigan as a clinical lecturer for one year before moving to the Department of Oral Medicine, Infection, and Immunity, Division of Periodontology at the Harvard School of Dental Medicine, Boston where he is currently a full-time assistant professor. Dr. Tavelli's main focus in clinical research and daily practice is microsurgical and minimally invasive soft tissue grafting procedures around teeth and dental implants, where he has been pioneering the use of novel technologies—such as Power Doppler Ultrasonography—for assessing tissue perfusion changes and the surgical outcomes. He has published more than 80 scholarly publications in the main international peer-reviewed journals while serving as a reviewer for several well-known journals in periodontics and implant dentistry. He was the recipient of several research awards, such as the 2021 Goldman Clinical Research award from the Italian Society of Periodontology, the 2020 American Academy of Periodontology Balint Orban Research Competition, the 2019 AAP Foundation School Research Award, the first prize at the research competition at the 2020 National Osteology Symposium, and the first prize at the research competition at the 3rd International Symposium on Soft Tissue Management Around Teeth and Implants in Florence.

**DR. PAT ALLEN** will present *Current Use of the Tunneling Technique Following 20 Years of Experience*. This course will outline the development of soft tissue grafting leading to the current Tunnel Technique. Palatal donor tissue and vertical incisions are no longer necessary for root coverage grafting, resulting in not only a better postoperative course, but also greater root coverage and better esthetics. Use of the Tunnel Technique in maxillary and mandibular sites, including sites with aberrant frenal attachment and shallow vestibule problems, will be shown. Outcome parameters of gain of keratinized tissue and long-term outcome will be addressed, illustrated with case examples, and documented with current literature references. The Tunnel Technique can be applied to treat some soft tissue deficiencies at implant sites, avoiding more complex “start-over procedures.” Surgical technique and indications for treatment will be illustrated with case examples.

#### LEARNING OBJECTIVES:

At the end of this course, clinicians will be able to:

- describe how the Tunnel Technique can be used in sites with minimal keratinized tissue, aberrant frenal attachment, and shallow vestibule;

- explain the significance of gain of keratinized tissue in tunnel procedures;
- list the special pre-surgical and surgical considerations unique to soft tissue problems involving implants;
- list the limitations of the Tunnel Technique at implant sites.

Dr. Allen has served as president of the American Academy of Esthetic Dentistry, the American Academy of Restorative Dentistry, and the American Academy of Periodontology Foundation. He is the recipient of the Master Clinician Award from the American Academy of Periodontology, the President's Award for Excellence in Dental Education from the American Academy of Esthetic Dentistry, and the Saul Schluger Award for Excellence in Diagnosis and Treatment Planning. In 2019, he was honored with the AAP Gold Medal Award, the highest award bestowed by the Academy. Currently, he serves on the editorial boards of the *Journal of Esthetic and Restorative Dentistry*, the *Journal of Periodontology* and *The International Journal of Periodontics and Restorative Dentistry*. Dr. Allen is founder of the Center for Advanced Dental Education in Dallas, an educational facility where he teaches surgical technique courses. He has over 100 publications and has presented numerous lectures and surgical demonstrations worldwide. ■

#### Disclaimer:

These presentations are intended for educational purposes only. The views and opinions expressed by the lecturers during the course of the lectures are their own and do not necessarily represent the views, opinions, or positions of the NESP. The NESP does not endorse, or approve, and assumes no responsibility for, the content, accuracy, or completeness of the information presented.

#### ADA CERP Requirements

*All speakers in this CE program have signed a document that states whether or not they have a financial relationship with any of our exhibitors. Any such relationship with a commercial entity will be denoted in our publication under the description of their presentation.*

## New Members

The NESP welcomes the following new members:

**Dr. Sylvia Arsuaga**, Scarsdale, New York  
**Dr. Anna Brunetti**, Livingston, New Jersey  
**Dr. Michael Chau**, Edgewater, New Jersey  
**Dr. Haemin Chin**, New York, New York  
**Dr. Salvatore DeRicco**, West Harrison, New York  
**Dr. Zachary Goldsmith**, Woodmere, New York  
**Dr. Manuel Gordon**, New York, New York  
**Dr. James Iovino**, Southampton, New York  
**Dr. Wanda Lanzone**, Trumbull, Connecticut  
**Dr. Masih Shahlaie**, New York, New York



## President's Message

As my term of service ends, I reflect on my time as president as well as on the future of the NESP. Serving this society has earned me new experiences, new friendships, and increased knowledge. I intend to learn from my experiences and disseminate this information with younger periodontists. I hope to offer sound advice and provide mentorship for those looking for it. The continued success of the NESP will depend on future volunteers taking on leadership roles. It is only through a strong commitment to service and involvement that a professional volunteer society can thrive.

Our fall meeting will elegantly demonstrate our role as periodontists to provide soft tissue plastic surgical procedures to complement our restorative colleagues' artistry in optimizing smile esthetics. The program is titled: **Synchronicity: Establishing Gingival Harmony for an Esthetic Outcome**. Our worldclass speakers will focus on designing and enhancing the soft tissue framework surrounding teeth and implants to improve smile esthetics.

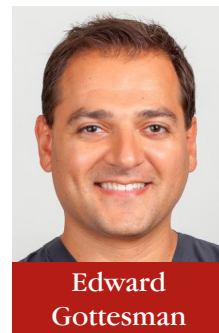
I would like to thank our board of directors, who have worked diligently in the background this year making key decisions to maintain our appeal to both new and existing members. They remained considerate of members' needs while balancing the needs of our organization to run financially solvent. While member-

ship dues increased slightly due to inflation and rising meeting costs, our board of directors created incentives within the new members' dues structure in hopes of attracting recent graduates to join our society. They have also incorporated categories for guest dentists and auxiliary staff to broaden our associations.

I would also like to thank our executive director, Dr. Jay Fishbein, who has the critical role of keeping our organization cohesive and focused while carrying out the NESP mission according to the strategic direction of our board of directors. Dr. Fishbein is the heartbeat of our society, and we rely on his constant support and dedication. Another big thank you also goes out to our generous sponsors. Your contributions are vital in helping us to maintain our high-level education programs.

I would like to express my gratitude to my program chair and mentor, Dr. Gus Pavlakos. He is someone I have always referred to as my angel. This year Gus has proven yet again that he is genuinely dependable by securing stellar programs that run smoothly.

Finally, I would like to congratulate the incoming president, Dr. Tyler Kim, and wish him success. ■



Edward  
Gottesman

## Incoming President's Message

I am honored and humbled to address you as the next NESP president. It is with a deep sense of gratitude that I extend my appreciation for the trust you have bestowed upon me to lead our prestigious society. As many of you are aware, our society's reputation has been built upon the foundation of exceptional lectures and esteemed speakers. Each of you has demonstrated a commitment to the pursuit of knowledge and excellence, and it is this commitment that sets us apart from other societies.

Yet, it is important to recognize that what truly distinguishes our society goes beyond the exceptional educational opportunities we offer. It is the spirit of camaraderie that exists among our members that truly defines who we are. The personal connections, the sharing of experiences, and the mentorship that takes place within our society create an environment of support and growth that is unparalleled.

Personally, I can attest to the profound impact that mentorship within the NESP has had on my own career. Despite completing my residency in 2013, I still consider myself a young professional. From the beginning of my journey, I have been fortunate to receive guidance and insights from individuals who have shaped the way I practice and their support has been instrumental.

For those of you who are current residents or consider yourselves young professionals like me, I urge you to consider becoming involved with the NESP. Within our society, you have the opportunity to find mentors and friends who can provide invaluable guidance as you navigate the early stages of your career. The relationships you build here can shape your trajectory and set the stage for your long-term success.

To our seasoned veterans, I encourage your active engagement as well. The field of periodontics, and dentistry as a whole, is evolving rapidly. Your wisdom and experience are invaluable assets that can guide the younger generation through the changing landscape. The future of periodontics depends on nurturing the potential of emerging professionals and adapting to the shifts in our industry.

As we move forward, I am committed to fostering an environment that supports mentorship, collaboration, and adaptation. By embracing the values that define our society, we can ensure that the NESP continues to be a beacon of excellence and camaraderie for years to come. ■



Tyler Kim

## Message from the Editor

### *Finding a Job or Hiring an Associate*

Whether you just graduated from a periodontal residency program or you're a seasoned periodontist, sometime in your career you had to begin earning a living, and for many, while paying back enormous student debt. One of the main reasons for becoming a dentist is to help people with their oral health, which can be accomplished in such settings as private practice, universities, hospital dentistry, corporate dentistry, military, insurance companies, unions' clinics, and so on. Today, finding a good job or hiring the right associate is not an easy undertaking.

Through the years, graduates of advanced education programs in periodontics have personally related to me the arduous and anxious task of finding employment. Many are working in multiple general dental/group/corporate practices with different weekly and monthly schedules for a percentage of profit from either collections or production. Some also receive a minimum amount per diem that can continue but typically concludes after three to six months. The post-pandemic landscape for private practitioners has been altered with an increasing number of retiring dentists. This could create opportunities for interested younger periodontists to become associates with the ability to purchase these practices.

For established periodontists who are looking to add an associate to their practice, the rewards surely outweigh the risks. It is not easy to trust someone, no matter how qualified they may seem, to take care of patients who have become like family and friends over the years. Qualifications of board certification, work experience, and superb references are helpful. Other concerns periodontists have shared with me are associates who may steal your patients and staff and relocate

down the block. With the FTC trying to ban all non-compete agreements, there is very little that can be done to prevent this; however, as my old boss used to say, whenever another periodontist wanted to practice in the area and asked him where a good location would be, he always pointed across the street. Everybody has different personalities, practice philosophies, and styles that will attract their own clientele.

Teaching at your local dental school and hospital residency programs while becoming involved in organized dentistry allows for unique networking. These interactions place you in direct contact with potential associates where you can witness firsthand their education, knowledge, and skills. Other important qualities of honesty, empathy, kindness, passion, and integrity round out the people with whom you should consider associating.

Without the same level of time commitment, the NESP offers engaging valuable member benefits and experiences where periodontists can mingle and meet promising employers and associates. Personally, I have witnessed numerous periodontists hiring from within our organization stemming from personal contacts or leads acquired at our meeting. NESP members are fortunate to find some of the brightest and most esteemed and experienced periodontists of Maine, Massachusetts, Vermont, Rhode Island, New Hampshire, Connecticut, New York, New Jersey, Pennsylvania, Maryland, and Delaware twice a year at our world-renowned educational events. If you are thinking of hiring a periodontist or in search of your dream job, then the NESP is where you need to be. ■



Stuart Segelnick

### MARK YOUR CALENDAR

#### *NESP Meeting Dates*

**OCTOBER 6, 2023**

**APRIL 19, 2024**

### Members can access the NESP journal *Periodontal Clinical Investigations* online.

Go to the NESP website,  
click on scientific journal,  
then on journal articles,  
and use the password  
NESPMEMBER (all caps).

## From the Desk of the Executive Director

I am excited to welcome to you to our upcoming meeting on October 6 at the New York Marriott Marquis. Our program chair, Dr. Constantine Pavlakos, and president, Dr. Edward Gottesman, have created an outstanding program featuring the latest topics in soft tissue grafting. The support extended by our members is immensely valued. We also greatly appreciate the collective dedication and commitment of our board members, committee members, and past presidents. Their tireless efforts have paved the way for the success of our meetings.

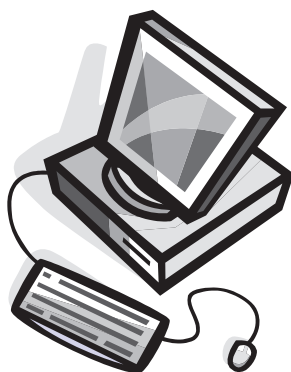
Our heartfelt appreciation also extends to our exhibitors, whose generous sponsorship serves as a major support of our meetings. I encourage you to engage with

these exhibitors during the event and avail yourself of the exclusive Show Specials that will be shared with our membership roughly two weeks before the meeting. A special thanks goes to our Platinum Sponsor, Straumann, for its unwavering commitment.

The NESP continues to be the premier regional organization for world class CE. Please check the website and email blasts for the latest news. We look forward to seeing you on October 6. ■



Jay Fishbein



**For updates and the latest information on NESP, visit our website at [www.nesp.org](http://www.nesp.org).**



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*The NESP wishes to thank the sponsors of the fall meeting for their financial support. All members are urged to visit the exhibit booths and to acquire the latest information on periodontal products.*

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*Exhibitors*

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## Spring 2023 Meeting





## Spring 2023 Meeting



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