NORTHEASTERN SOCIETY OF PERIODONTISTS



BULLETIN

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SPRING 2025

SPRING MEETING • April 4, 2025 Solving the Atrophic Ridge Conundrum via Augmentation The Times Center • 242 West 41st St., New York, NY

¶he Northeastern Society of Periodontists is excited to present our 2025 spring program, themed Solving the Atrophic Ridge Conundrum via Augmentation. The program is dedicated to exploring the latest advancements and techniques in hard and soft tissue augmentation for the management of atrophic ridges, a critical challenge in implant dentistry. We are proud to host three distinguished experts in the field who will share their cutting-edge insights on hard and soft tissue regeneration and the restoration of function and aesthetics in patients with complex ridge deficiencies. Our invited speakers are Dr. Craig Misch, who will present A Decision Tree for Bone Augmentation, offering a comprehensive framework to guide clinicians in selecting the most appropriate augmentation techniques based on patient-specific factors. Dr. Oded Bahat will follow with Surgical Reconstruction of a Deficient Alveolar Ridge in the Aesthetic Zone, focusing on innovative strategies for addressing challenging defects in the anterior region. Lastly, Dr. Leandro Chambrone will provide valuable

8:00–9:00 am	Registration and Exhibits Coffee is available on the upper lobby level
9:00-10:15 am	Dr. Craig Misch A Decision Tree for Bone Augmentation
10:15-10:45 am	Visit with our Exhibitors / Coffee Break
10:45 ам-12:00 рм	Dr. Oded Bahat Surgical Reconstruction of a Deficient Alveolar Ridge in the Aesthetic Zone
12:00-1:30 рм	Lunch Program A Buffet Lunch will be available to registered attendees
1:30-1:45 рм	Tannenbaum-Schoor Case Presentation
1:45-4:00 рм	Dr. Leandro Chambrone Clinical Insights about Peri-implant Soft Tissue Phenotype Modifications

(CONTINUED ON PAGE 2)



Dr. Craig Misch



Dr. Oded Bahat



Dr. Leandro Chambrone



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Program Description (CONTINUED FROM PAGE 1)

Clinical Insights About Peri-implant Soft Tissue Phenotype Modification, shedding light on how soft tissue manipulation can enhance implant outcomes and aesthetics.

The meeting will begin promptly at 8:00 a.m. with the opening of the registration desk and exhibit area, where coffee will be served. The formal lecture sessions will commence at 9:00 a.m., with a coffee break at 10:15 a.m., offering members the opportunity to engage with our exhibitors. A buffet lunch will be served starting at 12:00 noon for those who have registered prior to the meeting. The afternoon program will resume at 1:30 p.m.

This program would not have been possible without the dedicated efforts of Dr. Jessie Ye Shi, our program chair for 2025, who meticulously curated the agenda. We are also deeply grateful to Dr. Paul Rosen and Dr. Barry Wagenberg, members of our advisory committee, for their invaluable guidance and support in assembling this exceptional program. Finally, we would like to extend our sincere gratitude to Dr. Stuart Segelnick, our president, for his outstanding leadership and unwavering commitment to the success of the NESP. As always, the NESP is committed to advancing the knowledge and expertise of our members, fostering professional development, and providing an excellent platform for networking and collaboration. We look forward to a productive and enriching meeting, and we thank you for your continued engagement with our society.

DR. CRAIG MISCH will present A Decision Tree for Bone Augmentation. There are several techniques and biomaterials available for implant site development. The choice may depend on a number of factors including osseous morphology, size of the defect, costs, and surgeon or patient preferences. The trend today is to reduce patient morbidity but still provide predictable outcomes. This lecture will discuss the use of various methods for hard tissue augmentation including GBR, block grafting, ridge expansion, and mesh grafting. The selection of techniques and materials will be presented using a decision tree for horizontal and vertical bone augmentation.

LEARNING OBJECTIVES:

By the end of this course, clinicians will understand:

- the factors that determine the selection of a bone augmentation technique and graft materials;
- how bone volume gains influence the decision to use particular techniques and materials for bone augmentation;
- when the use of short or narrow diameter implants may offer advantages for managing the deficient ridge.

Dr. Misch received certificates in postgraduate prosthodontics, oral implantology, and a Master of Dental Science from the University of Pittsburgh. Thereafter, he became faculty and acted as co-director of the University of Pittsburgh Oral Implantology Center. Dr. Misch also completed specialty training in oral and maxillofacial surgery in Pittsburgh and is board certified by the American Board of Oral and Maxillofacial Surgery. Dr. Misch practices as a dual specialist in Sarasota, Florida. He is an adjunct clinical professor at the University of Michigan in the department of periodontics, serves as editor-in-chief of the International Journal of Oral Implantology, and is on the editorial boards of the Journal of Oral Implantology, International Journal of Periodontics and Restorative Dentistry, and Dentistry Today. He has been a featured speaker for numerous organizations and has published extensively with over 50 publications and 22 textbook chapters. Dr. Misch's textbook, Horizontal and Vertical Bone Augmentation for Dental Implant Therapy, was released by Quintessence in 2024.

DR. ODED BAHAT will present *Surgical Reconstruction* of a *Deficient Alveolar Ridge in the Aesthetic Zone*. Surgical reconstruction of a deficient alveolar ridge in the aesthetic zone poses several challenges. Ensuring adequate bone volume and quality, managing soft tissue transfer, and color match are vital for aesthetic success. Furthermore, symmetry as well as long term physiological aging of the face, complicates the endeavor. Therefore, meticulous planning, precise surgical execution, and maintenance are needed to achieve a successful outcome.

LEARNING OBJECTIVES:

At the end of this course, clinicians will understand:

- the anatomical changes that affect long-term results;
- selection of different techniques for bone and soft tissue reconstruction;
- how to avoid complications when they occur.

Dr. Bahat graduated from the University of the Witwatersrand School of Medicine and Dentistry in South Africa in 1977. He received his specialty degree in periodontology and his M.S.D from the University of Washington in 1981. He has been a Diplomate of the American Board of Periodontology since 1986 and served as the chairman and director of the postdoctoral periodontal program at the University of Southern California School Of Dentistry in Los Angeles, from 1983-1987. He has lectured internationally on many surgical topics primarily related to surgical reconstruction of bone,

soft tissue, and implant reconstruction, has published over 50 scientific articles, and has edited multiple chapters in various textbooks. He is on the review boards of the *International Journal of Oral & Maxillofacial Implants* and *The Clinical Implant Dentistry and Related Research*. He is currently in a private practice limited to surgical reconstruction implant surgery and periodontics in Beverly Hills, California. In 2018, Dr. Bahat was the recipient of the Master Clinician Award from the American Academy of Periodontology. In June of 2019, Dr. Bahat was the recipient of the Outstanding Contribution to Periodontics from the California Society of Periodontics.

DR. LEANDRO CHAMBRONE will present Clinical Insights About Peri-implant Soft Tissue Phenotype Modifications. Peri-implant soft tissue augmentation is on the rise, offering effective solutions for addressing aesthetic, functional, and other complications associated with dental implants. During daily practice, clinicians are required to deal with diverse clinical scenarios and to provide the most adequate treatment options for each particular condition based on the best evidence available, the clinician's skills, and the patients' desires. This course will explore the evolution of evidence-based principles for managing peri-implant soft tissues.

LEARNING OBJECTIVES:

At the end of this course, clinicians will understand how to:

- define the main factors influencing the need for peri-implant soft tissue augmentation;
- translate evidence-based findings to clinical practice by presenting important aspects related to peri-implant plastic surgery, based on the role of flap preparation, the use of soft tissue grafts, and additional improvements of surgical principles;
- identify the influence of the keratinized tissue band on the long-term stability of results achieved by reconstructive soft tissue procedures.

Dr. Chambrone is a D.D.S./MSc/PhD with extensive experience in periodontal and implant dentistry, oral health research, evidence-based dentistry, editorial/publishing affairs, didactic teaching, and clinical training of predoctoral and postgraduate (MSc and PhD) students. He received a D.D.S. and a Certificate in Orthodontics and Dentofacial Orthopedics from Methodist University of São Paulo in Brazil. Subsequently, he earned a master's degree and PhD in periodontics from the University of São Paulo. He holds positions of associate professor at Egas Moniz School of Health & Sciences (Portugal), Ad honorem associate professor at El Bosque University (Colombia), and adjunct associate professor at Penn

School of Dental Medicine. Beyond his enthusiasm and dedication as an educator and health care provider, Dr. Chambrone is also heavily involved in clinical research and evidence-based dentistry. He has published more than 160 manuscripts, 14 book chapters and three textbooks, including 5 commissioned systematic reviews for the American Academy of Periodontology. Dr. Chambrone currently serves as section editor of clinical research for the *International Journal of Oral Implantology* and section editor of periodontics for *The Journal of Esthetic and Restorative Dentistry*.

Disclaimer

These presentations are intended for educational purposes only. The views and opinions expressed by the lecturers during the course of the lectures are their own and do not necessarily represent the views, opinions, or positions of the NESP. The NESP does not endorse, or approve, and assumes no responsibility for, the content, accuracy, or completeness of the information presented.

ADA CERP Requirements

All speakers in this CE program have signed a document that states whether or not they have a financial relationship with any of our exhibitors. Any such relationship with a commercial entity will be denoted in our publication under the description of their presentation.

Provider information:

NESP c/o Dr. Jay Fishbein 2415 Jerusalem Avenue., Suite 103 Bellmore, NY. 11710 516-765-7644 Executivedirector@nesp.org

Total credit hours for the fall meeting: 5.5 Activity costs: The yearly fee for membership in the NESP is \$650. Refund and cancellation policies: The NESP does not provide refunds for missed meetings.

New Members

The NESP welcomes the following new members:

Dr. Bayliegh Biebel, New York, New York Dr. Rosalie Braun, New York, New York Dr. Kristen Brocavich, Hewlett, New York Dr. Mitesh Faldu, Freehold Township, New Jersey Dr. John Grbic, New York, New York Dr. Sara Holden, West Columbia, South Carolina Dr. Justin Kang, West Caldwell, New Jersey Dr. Michael Kang, South Windsor, Connecticut Dr. Ji Sun Kim, Rockville, Maryland Dr. Zev Lazarus, Fair Lawn, New Jersey Dr. Stephen Phillips, Rochester, New York Dr. Justin Sedaghat, Kings Point, New York Dr. Brian Tanz, New York, New York Dr. Yu Wang, Westbury, New York **Dr. Stephen Weisglass**, Hartsdale, New York Dr. Cecilia White, Princeton, New Jersey Dr. Natalie Yam, Forest Hills, New York

President's Message

Messaging our Members

The NESP has a 66-year history of providing the highest quality of continuing education in a format that fosters deep understanding, learning, and continuous improvement, allowing our members to stay current and remain proficient in periodontology and implant dentistry. It is an exceptional honor, and I am profoundly thankful to have been given the privilege to lead the NESP this year as your 56th president. As an organization it is our duty to convey clearly our value to our members, and what better way is there to showcase our significance than by highlighting our upcoming meeting.

I am extremely grateful to Dr. Ye Shi, our phenomenal hard working program chair, who has done an outstanding job, gathering world-renowned educators; and to Drs. Craig Misch, Oded Bahat and Leandro Chambrone who will dazzle us with their topic of **Solving the Atrophic Ridge Conundrum via Augmentation**. This is a meeting you will not want to miss! We will once again be enjoying these speaking sensations at the luxurious Times Center. I would also like to thank Dr. Jay Fishbein for his friendship and

mentorship. Dr. Fishbein's skills in managing the day-to-day operations of our organization are astounding. I want to thank our officers, board of trustees, and committee members for the time and effort they spend on elevating the NESP.

No matter what form of communication you rely on, it is of utmost importance that you share our upcoming events with



your dental colleagues. Let them know of the firstclass presentations you are experiencing, and the new technology and materials you find with our exhibitors. You can even mention the fun times you had socializing with your friends, colleagues and the upper echelon of specialists. If the NESP means as much to you as I think it does, consider encouraging your friends to join. We pride ourselves on being warm, welcoming and perennially helpful to your career path.

I look forward to seeing you on Friday, April 4, 2025 at the Times Center for a memorable day of advancing your professional knowledge while having a fabulous time! ■

Kratenstein-Scopp Fellowship Award

The David I. Kratenstein-Irwin W. Scopp Fellowship Award for Service is presented to someone who has distinguished themselves by providing outstanding service to the society and to periodontics. This year the David I. Kratenstein-Irwin W. Scopp Fellowship will be awarded to Dr. Giorgio Di Vincenzo at our April 4, 2025 meeting.

Dr. Di Vincenzo graduated from Fairleigh Dickinson University, College of Dental Medicine in 1989. He completed a two-year general practice residency at Northwell (Staten Island University Hospital) in 1991, and in 1993 received his certificate in periodontology from Temple University. Dr. Di Vincenzo has maintained a private practice with his associates in periodontics

and implant surgery in Jersey City, New Jersey since 1994. He has also been involved in education with faculty appointments at New York University and Staten Island University Hospital-Northwell. Dr. Di Vincenzo has been active in organized dentistry as past president of the New Jersey Dental Association and chairman of the ADPAC Board at the ADA. He is a fellow of both the American College of Dentists and International College of Dentists. He is currently a 7th District Board Member and a Diplomate of the American Board of Periodontology and is a past president and a former program chair of the NESP. During his spare time, he is a car enthusiast and enjoys boating, wine tasting, and travelling to his other home on the Adriatic coast of Italy.

Message from the Editor

Wait an ABPerio minute!

Attaining board certification in periodontology and dental implant surgery via the American Board of Periodontology examinations is the pinnacle of many periodontists' educational experience. Maintaining certification throughout your active careers is key to keeping up to date with the ever-evolving practice of periodontics. The ABP mission "is to certify the achievement of in-depth knowledge and proficiency in the full scope of periodontology and dental implant surgery through examination and continuous certification."

Four years ago, I successfully completed the Self-Study Recertification Program (SSRP) given by the ABP, and was recertified from December 31, 2020, through December 31, 2026. Now the ABP has decided to change the recertification process, and all periodontists must begin the recertification process all over again even if their previous recertification hasn't expired. I even kept a nice email I received from the ABP stating "Your recertification will be good until 2026."

I shouldn't be too surprised since the same thing happened in 2008 when the recertification process changed from three to six years and all the Diplomates' recertification certificates immediately expired. Diplomates were then asked to take the new recertification exams.

The good news is this time there seems to be no extra cost for taking the exam, and the benefits far outweigh the small amount of time you'll be investing in increasing your knowledge and understanding of periodontology and dental implant surgery. As these 60-second questions, along with your answers, were developed to assist you in learning and reviewing new topics, keeping our Diplomates current and helping "our Diplomates maintain in-depth knowledge and proficiency in the specialty," there is no way to fail this exam, unless of course you don't participate. The ABP also states that research indicates longitudinal evaluations are the most effective way to maintain thorough knowledge of our specialty.

Similar to the previous six-year exam, there is no pass/fail grading; however you are provided with a "probability you're keeping up to date" value, which I can't help but think of as a score, though the ABP says it's not. The new model refers to this as the Measurement Decision Theory (MDT) value. Based on the pattern of your answers, your value changes. The MDT value

also takes into consideration the more challenging questions. The more correct answers, the higher your MDT value. The ABP wants us to think of it as our "perio batting average," similar to baseball.

All thoughts of disappointment in the ABP for requiring me to answer 15 one-minute questions every three months, for a total of 60 questions a year, and not honoring



my previous exam's complete term, bobbled out of my hands once I got up to bat. The first minute up at the plate, I read through the question while on the left corner of the screen I noted 60 seconds of time quickly elapsing on the circular graphic clock countdown. Sweat started beading on my brow before I swung the keyboard key onto the correct multiple-choice answer, hitting a dribbler through the gap into left field. I barely made it to first base. It was nice to see my MDT score soar. Reading over why the answer was correct with pertinent references further satiated my thirst for knowledge and enlightened my understanding and joy for this new learning experience.

With trepidation, I went for another question. Yes, now I was able to time the question, and my response was much better and "Boom," I watched the ball fly out of the ballpark! Feeling like Aaron Judge, I got up to the plate once again, but this time I struck out looking. Darn, I really knew the answer, if I only had concentrated more on all the choices!

The experience was captivating, stimulating, interesting, and fun, whether I knew the answers or not. I was very interested in reading the referenced reasonings behind the correct answers. Further along I noticed the questions I got wrong were repeated, allowing me to swing for the seats instead of squaring for a bunt.

In under an hour my 15 questions were completed, and my MDI value was .96. Addicted to my new ABPerio game, I tried to continue, and was unfortunately sent to the lockers to wait until the next quarter. The ABP really hit a grand slam with this exam. The continuing learning model surprisingly surpassed my highest expectations and far outperformed the previous maintenance examination. So please, don't wait another ABPerio Minute and download the App for an amazing new learning experience. Next stop, the ABPerio Minute Hall of Fame!

From the Desk of the Executive Director

Dr. Sascha Jovanovic posted the following comment on Instagram following our fall meeting at The Times Center: "One of the most beautiful venues I have been invited to over the years. Tx NESP! You set a high standard for Tradition and Quality."

Our inaugural meeting at The Times Center was a huge success. The venue was magnificent. The beautiful theater allowed members to fully appreciate world class presentations while enjoying the esthetics of the site, along with views of New York City as a backdrop.

For our upcoming meeting, we will add a second coffee service on the lower level to make it even easier for our members to have refreshments at the break.

Those members who will be having lunch at The Times Center are urged to register in advance. As you can imagine, hosting a meeting in New York City is an expensive undertaking. Having an accurate count for lunch can save the society thousands of dollars. Please complete the registration email that you will receive prior to the meeting.

The cost of our meetings is subsidized by the sponsorship of our exhibitors. Please visit them during the meeting to show them your support. It is also helpful to place orders with them during the conference.



I wish to thank our president for 2025, Dr. Stuart Segelnick, and our program chair, Dr. Ye Shi, for their monumental efforts in producing two great meetings for 2025. I look forward to seeing you at The Times Center on April 4. ■



For updates and the latest information on NESP, visit our website at www.nesp.org.



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The NESP wishes to thank the sponsors of the spring meeting for their financial support. All members are urged to visit the exhibit booths and to acquire the latest information on periodontal products.

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