



FALL MEETING • FRIDAY, NOVEMBER 13, 2026

Treating and Maintaining the Natural Dentition

The Times Center • 242 W 41st. Street, New York



Dr. Frederic Barnett



Dr. Paul Fugazzotto



Dr. Philip Kang

The Northeastern Society of Periodontists is proud to present our 2026 Fall meeting, themed ***“Treating and Maintaining the Natural Dentition.”*** This fundamental and engaging topic will address the basics of our specialty, including the different modalities in treating and maintaining the natural dentition. This will include insights into aspects that overlap with other dental disciplines and the need to recognize their influence on our clinical outcomes. There is also the relevance of reviewing the historical perspectives of both accepted and controversial pocket reduction therapies. This program will also address the current and future state of laser-assisted periodontal therapy.

Our morning session will begin with a presentation by Dr. Frederick Barnett, who is the Chairman and Program Director of the Division of Endodontics at Albert Einstein Medical Center in Philadelphia. His lecture will be: ***“Extirpate or Integrate: Should We Bother Saving Teeth In The Implant Era?”*** This clinically based presentation will review the endodontic treatment possibilities of “hopeless teeth” in an effort to assist the treatment planning team to assess various clinical options. It also will briefly review the “Endo-Perio Lesion” and discuss the implications of the “combined lesion.”

The morning session will conclude with an initial presentation by Dr. Paul Fugazzotto, who will discuss ***“Predictable Periodontal Therapies: Not Only Metallurgy.”*** This will be a discussion based upon emphasizing progress in standard periodontal therapy grounded in an integration of established knowledge and scientifically based advances to maximize therapeutic outcomes. This will include aspects of pocket elimination therapies, managing cofactors in treatment failures, and, when appropriate, implant measures that are genuinely indicated. Dr. Fugazzotto will continue his lecture immediately following the lunch/meeting break in the afternoon.

The final lecture for the afternoon session will be given by our President, Dr. Philip Kang, who will present

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SCHEDULE OF EVENTS**8:00 – 9:00 AM • Registration and Exhibits**

Coffee is available in the upper and lower lobby levels

9:00 – 10:15 AM • Dr. Frederick Barnett, “Extirpate or Integrate: Should We Bother Saving Teeth In The Implant Era?”

10:15 – 10:45 AM • Visit with Exhibitors & Coffee Break

10:45 – 12:00 PM • Dr. Paul Fugazzotto, “Predictable Periodontal Therapies: Not Only Metallurgy.” Part 1

12:00 – 1:30 PM • Lunch

A Buffet Lunch will be available to Registered Attendees

1:30 – 2:45 PM • Dr. Paul Fugazzotto, “Predictable Periodontal Therapies: Not Only Metallurgy.” Part 2

2:45 – 4:00 PM • Dr. Philip Kang, “Osseous Surgery Redefined: Predictable Long-Term Periodontal Stability Through a Novel Laser-Assisted “Resective” Protocol.”

“Osseous Surgery Redefined: Predictable Long-Term Periodontal Stability Through a Novel Laser-Assisted “Resective” Protocol.” This presentation introduces a novel surgical protocol using the Er,Cr:YSGG laser designed specifically to meet the core objectives of pocket elimination surgery. Drawing from a case series, this protocol will demonstrate how laser technology can be systematically applied within a biologically grounded, minimally invasive surgical framework.

DR. PAUL FUGAZZOTTO will present ***“Predictable Periodontal Therapies: Not Only Metallurgy”***
Progress. noun.

- forward movement: a forward or onward movement or a moving toward a goal.
- improvement: gradual improvement or a growth to a better state.

The above definitions of progress, from the Merriam-Webster dictionary, should describe the state of periodontal therapies and dentistry as a whole in 2026 and beyond. Unfortunately, this does not seem to be the case at our professional meetings, in our literature, and ultimately in the patient care we deliver on a daily basis. Rather, today “progress” is all too often characterized by the wholesale replacement of proven, predictable concepts and treatment modalities by the newest, the “sexiest”, and the most profitable therapies available. This is not progress; nor is it a recipe for long-term therapeutic and practice success.

Consider this alternative definition of progress:

- forward movement grounded in an integration of established knowledge and scientifically based advances, the synergistic effects of which maximize therapeutic outcomes, ensure continued practice profitability, and greatly improve our patients’ quality of life.

Count me in!

LEARNING OBJECTIVES:

- Understand the potentials, limitations, and predictabilities of pocket elimination therapies, whether resective or regenerative in origin.
- Be able to identify, assess, and manage cofactors in treatment failures.
- Understand when it is necessary to introduce implant therapies into a given patient’s care; and when it is not necessary.
- Be able to synthesize these realities into an individualized comprehensive treatment plan, with the greatest chances of long-term success.

Dr. Paul Fugazzotto received his DDS from NYUCD in 1979, and his Certificate of Advanced Graduate Studies in Periodontics

from the Goldman School of Graduate Dentistry in 1981.

Since that time, Dr. Fugazzotto has maintained a private practice specializing in periodontics, implant therapies and comprehensive care in Milton, MA.

The author of 3 textbooks and over 100 papers in refereed journals, Dr. Fugazzotto is an ITI Fellow and the current editor of the Academy of Osseointegration newsletter.

DR. FREDERIC BARNETT will present ***“Extirpate or Integrate: Should We Bother Saving Teeth in the Implant Era?”*** Implant-supported restorations are a very popular therapeutic option for dentists and their patients for the treatment of total and partial edentulism. When implants are placed in an ideal position, with adequate prosthetic loading and proper maintenance, they can have survival rates of >90% in over 10 years of function. Implants may be considered by some practitioners to be a better therapeutic alternative than performing more extensive conservative procedures (perio & endo) in an attempt to save or maintain a compromised tooth. However, inadequate indications for tooth extraction have resulted in the sacrifice of many sound savable teeth. This clinically based presentation will review the endodontic treatment possibilities of so-called “hopeless teeth” in an effort to assist the treatment planning team in presenting the most appropriate options to the patient. Additionally, the evidence regarding the increasing prevalence of peri-implant diseases and complications will be presented.

LEARNING OBJECTIVES:

- Better understand the complexities of decision-making for the compromised tooth.
- Better understand the healing potential of teeth with “J-shaped” and furcation radiolucent lesions.
- Formulate a comprehensive treatment plan for the “hopeless tooth.”
- Better understand the outcomes of endodontic retreatment, endodontic surgical procedures, periodontic treatment, and implants.

Dr. Barnett received his DMD degree in 1978 and his Certificate in Endodontics in 1981, both from the University of Pennsylvania School of Dental Medicine. He received his Board Certification in Endodontics in 1988 and is currently the Chairman and Program Director of the IB Bender Postdoctoral Endodontic Program at Albert Einstein Medical Center in Philadelphia.

Dr. Barnett has written numerous scientific and clinical papers and has lectured nationally and internationally. Dr. Barnett is a Fellow of the International Association of Dental Traumatology, the International College of Dentists, and the American College of Dentists, and received an Associate Fellowship from WCLI Laser Institute in 2024. He received the Edward M. Osetek

Educator Award in 2017 from the AAE and the 2018 Community Service Award from the Philadelphia Business Journal for providing endodontic services for the homeless in Philadelphia. In 2026, Dr. Barnett was awarded the prestigious IB Bender Lifetime Educator Award from the AAE.

He currently serves on the Advisory Board of the Dental Traumatology Journal, is a Director of the International Association of Dental Traumatology, and a former Associate Editor of the Journal of Endodontics. Dr. Barnett had been in private practice in Endodontics from 1981-2011.

DR. PHILIP KANG will be presenting *“Osseous Surgery Redefined: Predictable Long-Term Periodontal Stability Through a Novel Laser-Assisted “Resective” Protocol.”*

Despite decades of advancement in laser dentistry, the treatment of periodontitis still lacks a standardized, evidence-based surgical protocol—particularly one that leverages laser technology in a resective capacity. While many clinicians have focused on laser-assisted treatment of peri-implantitis, the foundational challenge of effectively managing periodontitis remains unresolved. Numerous lasers—CO₂, diode, Nd:YAG, Er:YAG, and Er,Cr: YSGG—have been explored, yet differences in wavelengths, energy delivery, and clinical applications have contributed to wide variability in outcomes and limited the development of consistent clinical guidelines.

This presentation introduces a novel surgical protocol using the Er,Cr: YSGG laser designed specifically to meet the core objectives of pocket elimination surgery: ensuring adequate access for thorough removal of etiologic factors, enabling precise osseous contouring, and establishing a cleansable, maintainable environment for long-term periodontal health. Unlike prior studies that mischaracterize lasers as primarily regenerative tools or limit their use to non-surgical contexts, this protocol embraces the Er,Cr:YSGG laser’s resective potential—using its distinct wavelength and water/air-mediated energy delivery to promote effective decontamination and minimal invasiveness.

Drawing from a case series, this protocol demonstrates how laser technology can be systematically applied within a biologically grounded, minimally invasive surgical framework. It addresses current gaps in the literature by aligning clinical technique with surgical goals, and reframes the role of lasers in periodontology—not as experimental adjuncts, but as central tools in achieving predictable, long-term outcomes in natural dentition.

LEARNING OBJECTIVES:

- **Describe** the limitations of current laser approaches for periodontitis and explain why a standardized, evidence-based surgical protocol has been lacking.

- **Reframe** the role of lasers in periodontitis management by integrating laser technology as a central component of minimally invasive periodontal surgery.
- **Explain** the biological and surgical principles underlying pocket-elimination surgery, including access, debridement, and osseous contouring.
- **Understand** the rationale for using the Er,Cr:YSGG laser in a resective capacity rather than solely as a regenerative or non-surgical tool.
- **Outline** the key steps of the proposed YSGG laser-assisted resective protocol and how it supports predictable pocket reduction.
- **Evaluate** case-series evidence demonstrating the protocol’s effectiveness in creating stable, maintainable periodontal architecture.

Dr. Philip Kang is a Diplomate of the American Board of Periodontology and a Professor in the Division of Periodontics at Columbia University College of Dental Medicine, where he also served as Program Director of Postgraduate Periodontics. He previously held a faculty appointment at the University of Pennsylvania as a Clinical Assistant Professor.

He earned his DDS from the University of Michigan, followed by advanced training in Advanced Education in General Dentistry (AEGD) at Harvard University and a certificate in Periodontics from the University of Pennsylvania.

In addition to his academic role, Dr. Kang maintains a full-time clinical practice with a focus on dental implants and laser-assisted therapies. He has developed extensive expertise in multiple laser wavelengths, including Er,Cr:YSGG, Er:YAG, Nd:YAG, CO₂, and diode lasers. His research on laser applications and implant-related therapies has been widely published in peer-reviewed journals, and he lectures internationally on advanced surgical and prosthetic techniques in periodontology and implant dentistry.

Disclaimer: These presentations are intended for educational purposes only. The views and opinions expressed by the lecturers during the course of the lectures are their own and do not necessarily represent the views, opinions, or positions of the NESP. The NESP does not endorse, or approve, and assumes no responsibility for, the content, accuracy, or completeness of the information presented.

ADA CERP Requirements: All speakers in this CE program have signed a document that states whether or not they have a financial relationship with any of our exhibitors. Any such relationship with a commercial entity will be denoted in our publication under the description of their presentation.

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Total credit hours for the fall meeting: 6.0

Activity costs: The yearly fee for membership in the NESP is \$710.

Refund and cancellation policies: The NESP does not provide refunds for missed meetings.

Incoming President's Message



It is a profound honor to serve as President of the Northeastern Society of Periodontists. While I have been fortunate to serve our specialty in national leadership roles—including President of the American Board of Periodontology, Chair of the American Academy of Periodontology's Education Committee, and as a tenured full professor—this opportunity is

especially meaningful because it allows me to give back to the regional professional community that has been so instrumental in our community.

No organization thrives without dedicated leaders who devote their time and energy to its success—I am grateful to Executive Director, Dr. Jay Fishbein, for leading NESP into the future. I am awed, actually, by the many individuals who have built and sustained this Society over the years, especially Dr. David Kratenstein, whose leadership, vision, and unwavering commitment have helped establish the Northeastern Society of Periodontists. Thank you to past president Dr. Phil Kang for his efforts in sustaining education, collegiality, and professional excellence. We look to the leadership of our District Trustee, Dr. Gus Pavlakos, and AAP President Dr. Ana Giglio for advice and guidance. Their legacy provides a strong foundation upon which we continue to build.

As periodontology continues to evolve through advances in regenerative therapies, digital technologies, precision medicine, and interdisciplinary care, our Society has an important role in bringing together clinicians, educators, researchers, and residents to exchange ideas and promote evidence-based practice. Special recognition to Dr. Yiselle

Castillo for assembling our program and Dr. Stuart Segelnick for producing the Bulletin, to ensure scientific rigor and clinical relevance, which are the classic hallmarks of this Society.

I also owe an enormous debt of gratitude to the mentors who shaped both my professional career and my approach to leadership. Dr. Barry Wagenberg, Dr. Dennis Tarnow, and my board examiner, Dr. Paul Rosen, have each inspired me through their commitment to excellence, generosity in teaching, and dedication to advancing our specialty. Their examples remind me that leadership is not defined by titles, but by the investment we make in others.

As we look toward the future, one of my highest priorities is cultivating the next generation of leaders within our Society and our specialty. Our future depends not only on scientific innovation but also on developing talented, thoughtful clinicians who are committed to service, education, and organized periodontology. I am encouraged by the enthusiasm and promise of colleagues such as Dr. Anamaria Castillo, Dr. Sejendi Russi, and Dr. Rosie Braun, who represent the energy, integrity, and leadership that will guide our profession in the years ahead. Creating opportunities for emerging leaders to contribute, grow, and assume leadership roles will be an important focus of my presidency.

I encourage every member to become actively involved. Whether you are an established practitioner or just beginning your career, your perspective strengthens our community. Together, we can honor the remarkable legacy of those who came before us while preparing the leaders who will define the future of periodontology.

With sincere appreciation,
Leena Palomo, D.D.S.

New Members

The NESP welcomes the following new members

Dr. Kiran Changa

Dr. Rebecca Choi

Dr. Mateusz Kurtyka

Dr. Sung Min Lee

Dr. Danny Lim

Dr. Erblin Ndreu

Dr. Rodrigo Rangel

Dr. Contance Teoh

Dr. Jasper Wu

Dr. Peter Xu

President's Message



As my term as President of the Northeastern Society of Periodontists comes to a close, I am filled with gratitude for the opportunity to serve this outstanding organization. It has been a privilege to work alongside so many dedicated colleagues who share a passion for advancing periodontics through education, collaboration, and

professional excellence.

One of the highlights of this year was our highly successful Spring Meeting. The outstanding scientific program, engaging discussions, and enthusiastic participation reflected the strength of our Society and reaffirmed our commitment to providing exceptional continuing education for our members.

I am equally excited about our upcoming Fall Meeting, which will conclude my presidency on a high note. Centered on the theme, "Treating and Maintaining the Natural Dentition," the meeting will feature two exceptional speakers, **Dr. Paul Fugazzotto** and **Dr. Frederick Barnett**, whose expertise has influenced countless clinicians. I am also honored to join them as one of the speakers. I hope this meeting will further reinforce our profession's enduring commitment to preserving the natural dentition whenever possible—a principle that remains at the heart of periodontics.

None of our accomplishments would have been possible without the extraordinary dedication of so many individuals. I would like to express my deepest appreciation to our Executive Director, **Dr. Jay Fishbein**, whose unwavering dedication, vision, and tireless leadership continue to guide NESP and ensure its success. I would also like to recognize **Dr. David Kratenstein**, whose decades of devoted service as Executive Director laid the strong foundation upon which our Society continues to flourish. Their commitment to NESP is truly remarkable.

My sincere thanks also go to our Board of Directors for their leadership, thoughtful guidance, and countless hours of service throughout the year. I am especially grateful to our Program Chair, **Dr. Michael Breault**, for organizing two outstanding scientific meetings that exemplify the educational excellence for which NESP is known.

I also want to recognize the many volunteers and members who work tirelessly behind the scenes to make every event successful. In particular, I am encouraged by the enthusiasm and dedication of our younger members, whose energy and commitment will undoubtedly shape the future of our Society. Their willingness to serve gives me great confidence that NESP will continue to grow and thrive for generations to come.

Finally, I would like to express our sincere appreciation to our exhibitors and industry partners. Their continued support makes it possible for NESP to provide the high-quality educational programs and member experiences that define our Society. We are truly grateful for their partnership and commitment.

As I conclude my presidency, I do so with tremendous optimism. NESP is stronger because of its members, its leadership, its volunteers, and its industry partners. I have every confidence that our Society's best days are still ahead.

It is now my pleasure to congratulate **Dr. Leena Palomo** as she assumes the presidency of the Northeastern Society of Periodontists. Dr. Palomo is an exceptional leader, educator, and clinician, and I know she will lead our Society with vision, integrity, and enthusiasm. I look forward to supporting her and watching NESP continue to flourish under her leadership.

Thank you for the privilege of serving as your President. It has been one of the greatest honors of my professional career, and I look forward to remaining an active member of this extraordinary Society for many years to come.

With sincere appreciation,
Philip Kang, D.D.S.

How Periodontists Practice

by Stuart Segelnick, DDS, MS, Editor



Periodontists are an elite group of talented and scholarly dental specialists. According to the ABP, approximately 63% of periodontists are board certified. With more than 42% of Americans over 30 years old suffering from periodontal disease, and the rise of peri-implantitis, our highly trained periodontal specialty is more than capable of treating these people. Recently,

several periodontists have told me they were having difficulty finding associates or periodontists willing to purchase their practices. Knowing how periodontists practice may better help us understand how to solve these problems.

The latest data from the ADA Health Policy Institute from 2024 shows that out of 202,485 total dentists, 5,471 are Periodontists practicing in the United States. Periodontists constitute 2.7% of the dental workforce. We ranked fifth in the total number of specialists behind Orthodontists (10,830), Pediatric dentists (9,312), Oral and Maxillofacial surgeons (7,424), and endodontists (5,685). Naturally, the number of periodontists varies from location to location. New York State happens to have 9.6%, and California has 14.4% of all periodontists.

Let's look a little deeper into where and how periodontists practice. The ADA reports (ADA Health Policy Institute analysis of the ADA Masterfile, unpublished data), of those 5,471 active periodontists, 88.5% work in private practice (4,283 full-time and 557 part-time). Way less periodontists practiced as dental school faculty/staff (7%), in the armed forces (3%), or in other federal services (.75%). Looking at practice size, 30% work at one location as the only periodontist and 43% work at one location with two or more dentists. 14% of active periodontists were affiliated with Dental Service Organizations (DSOs). This information gives some insight into where periodontists are practicing but does not tell us about ownership of these practices. Periodontist salaries average over \$322,000, which is right up there with other dental specialties.

Looking at the information attained from polling one class of nine NYU periodontists who graduated within the past five years. Three were working solely at a private periodontal practice; two were working at a private periodontal practice, a general dental practice, and multispecialty offices; two were working at multiple general dentist offices; one at a DSO; and

one at a hospital dental clinic. From this limited cohort, we see a majority of newer periodontists working in private practice.

I recently spoke with a few periodontists in their first year out of school. They shared that after working for less than a month at an established periodontal practice, which had hired them as associates with the expectation of a future buy-in or buy-out, they left. They found they weren't producing enough and, given their student loans and family responsibilities, were not inclined to invest extra time in growing these offices. Some also realized these practices were not in locations where they wanted to settle down.

Periodontists value the private practice setting, and the majority of new periodontists seem to have similar ideals. Periodontists looking for associates or trying to sell their practices can find competent applicants at the NESP. Realistic salary, office hours, and sales price need to be agreeable.

The NESP wishes to thank the sponsors of the fall meeting for their financial support. All members are urged to visit the exhibit booths and to acquire the latest information on periodontal products.

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Executive Director's Message



Our spring meeting was a tremendous success. Our speakers addressed mucogingival issues involving both the natural dentition and dental implants. At our upcoming meeting on November 13, 2026, the program will focus on the natural dentition. We are thrilled to welcome Dr. Paul Fugazzotto, who will join NESP President Dr. Philip Kang and Dr.

Frederick Barnett as featured speakers.

We will continue to hold our meetings at The Times Center in New York City, an exceptional venue that has received enthusiastic feedback from our members.

CEZoom will again be used to manage continuing education credits and lunch registration. Please take a few moments to register in advance of the meeting. An accurate lunch count enables us to serve you more efficiently and supports the Society's planning efforts.

We greatly appreciate the generous support provided by our

exhibitors. Please visit their booths and consider placing orders during the conference as a way of showing your support. We extend a special thank-you to our Platinum Sponsors, Straumann and Eckard.

I would like to thank our President, Dr. Philip Kang, for his superb leadership of the Society this year. Through his vision and dedication, Dr. Kang helped invigorate our social media presence, enabling us to better promote the Society and engage with our members. I also wish to thank our Program Chair, Dr. Michael Breault, for assembling two outstanding scientific programs that have greatly contributed to the success of this year's meetings.

Thank you for your continued commitment to the Northeastern Society of Periodontists. Your ongoing support and participation help ensure that our Society remains one of the premier regional periodontal organizations in the United States. We truly appreciate your dedication and look forward to welcoming you to The Times Center this November.

Warm regards,

Jay S. Fishbein, D.M.D.

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Fall 2025 Meeting



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NESP Bulletin is the official publication of the Northeastern Society of Periodontists and is published biannually before each general meeting. Articles should be submitted to the editor before the January 15 and August 1 deadlines. Publication materials may be deferred to future issues or edited without materially changing the author's intent in order to conform with the requirements of the *NESP Bulletin*. The publication of an advertisement, opinion or statement does not reflect endorsement, approval, or policy of the NESP and its Bulletin unless stated.